



SUPPORTED SEEDLINGS

A Live Oak music wellness program for preschoolers and their caregivers



all for kids

PARTNERS WITH CHILDREN, FAMILIES, AND COMMUNITIES

**Healthy Families
America** — AFFILIATE —

Expanding Social Skills Through Music

This month, we'll be singing about **how to make friends**, **introducing ourselves**, and **sharing**.

When we are intentional about teaching these skills in structured settings, our little ones get the practice they need to be **confident and kind** in the "real world," whether we're by their side or they're on their own.

JOIN US!

Who: Kids ages **3-5** and any **grownup** who takes care of them

When: **Wednesday, July 29**, 10-11 a.m.

Where: All for Kids Family Resource Center
525 W Ave P-4, **Palmdale**, CA 93551



Register for this **FREE** workshop at
liveoakmentalwellnessproject.com/supported-seedlings