

# North Los Angeles County Regional Center



*Supporting Individuals with  
Intellectual & Developmental  
Disabilities*

# **i** About Us

**1 of 21** regional centers in California.

**Largest** of the 7 regional centers in LA County

**3rd Largest** regional center in the state

**Serve** the San Fernando, Santa Clarita, and Antelope Valley



**50 YEARS OF SERVICE**

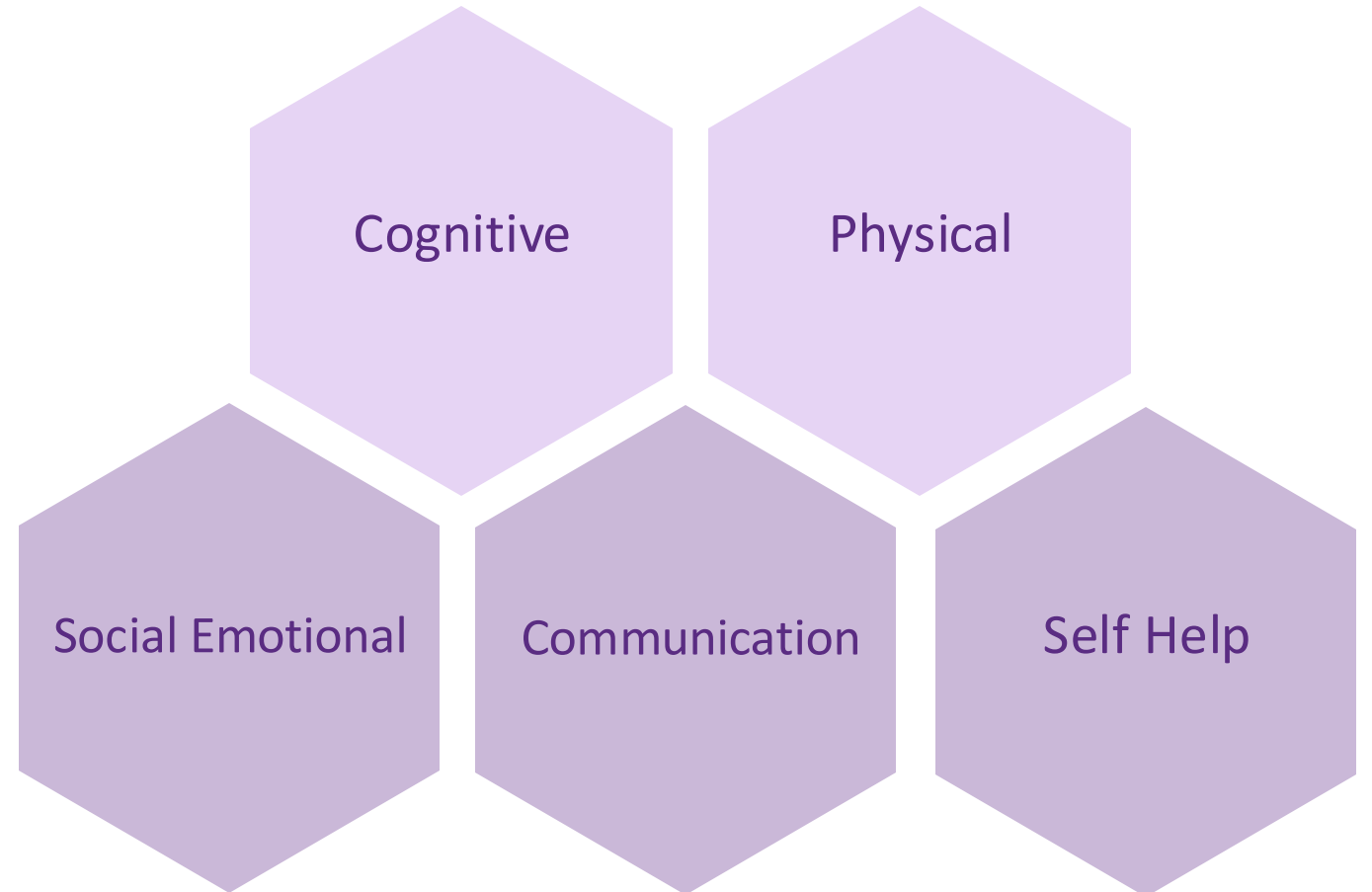
<https://www.nlacrc.org/home>



# **Early Start**

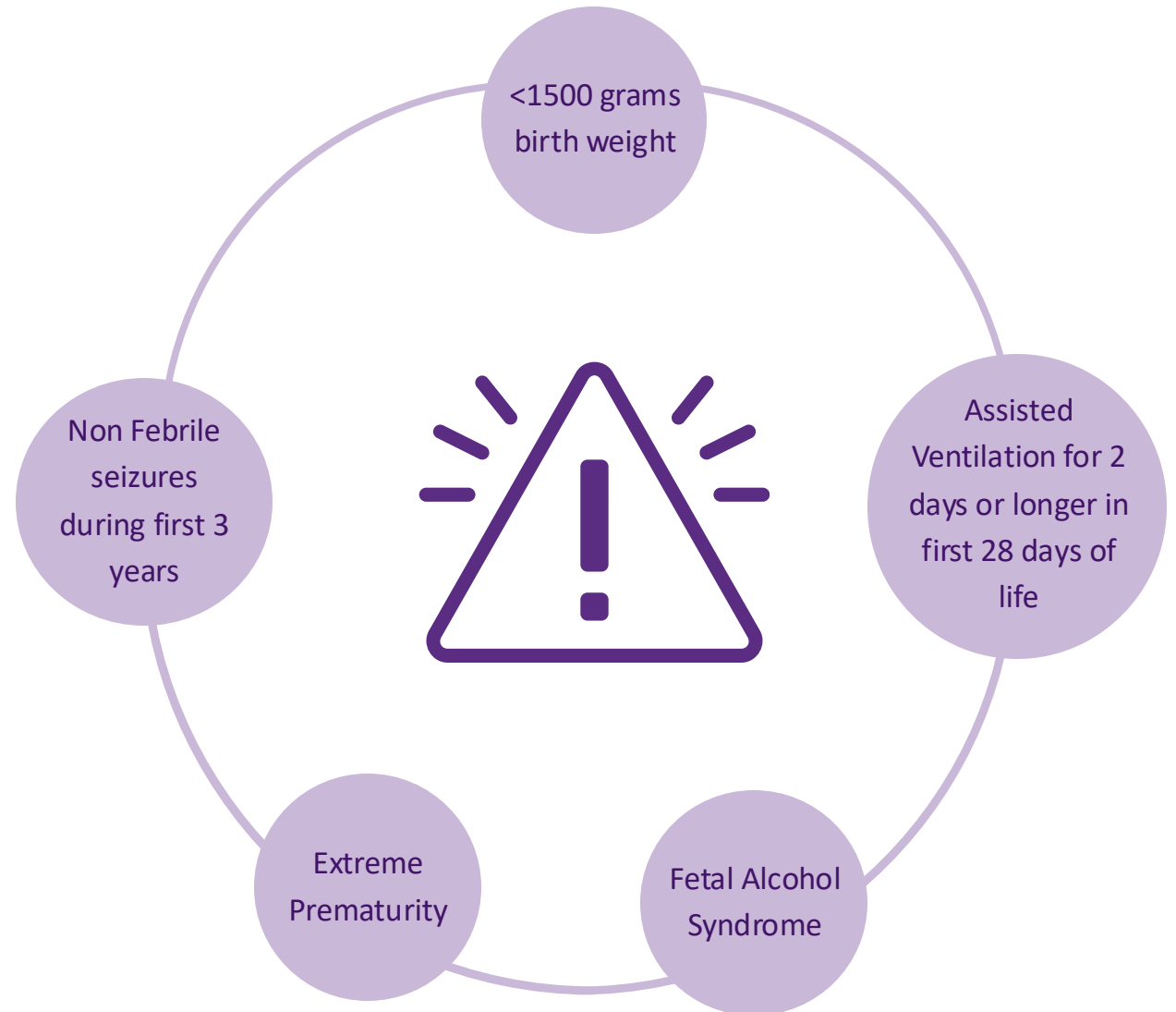
# Who is eligible for Early Start?

25%  
delay in  
one of the  
following  
areas:





# High Risk Factors



# Established Risk

is a condition of known etiology that has a high probability of resulting in developmental delay.

## **Examples:**

Down Syndrome, other genetic syndromes, congenital brain anomalies



# Common Services (ages 0-3)

This list does not have every service that you can receive or that can be funded for by NLACRC; it is to inform you about the most common services used by NLACRC consumers and families.



**Child  
Development  
Services**

**Speech  
and  
Language  
Services**

**Occupational  
Therapy**

**Physical  
Therapy**

**Audiology  
&  
Vision  
Services**

**Psychological  
Testing**

# Transition from Early Start to Provisional

At least 90 days before the 3rd birthday, parent/caregiver and service coordinator must meet for the plan called

## Transition IFSP Planning Conference

Special education services

If needed

If the child is eligible for  
Generic Services like:

- Local community programs (Head Start, State Preschool, First 5, Help Me Grow, etc.)
- Therapies through Health Insurance



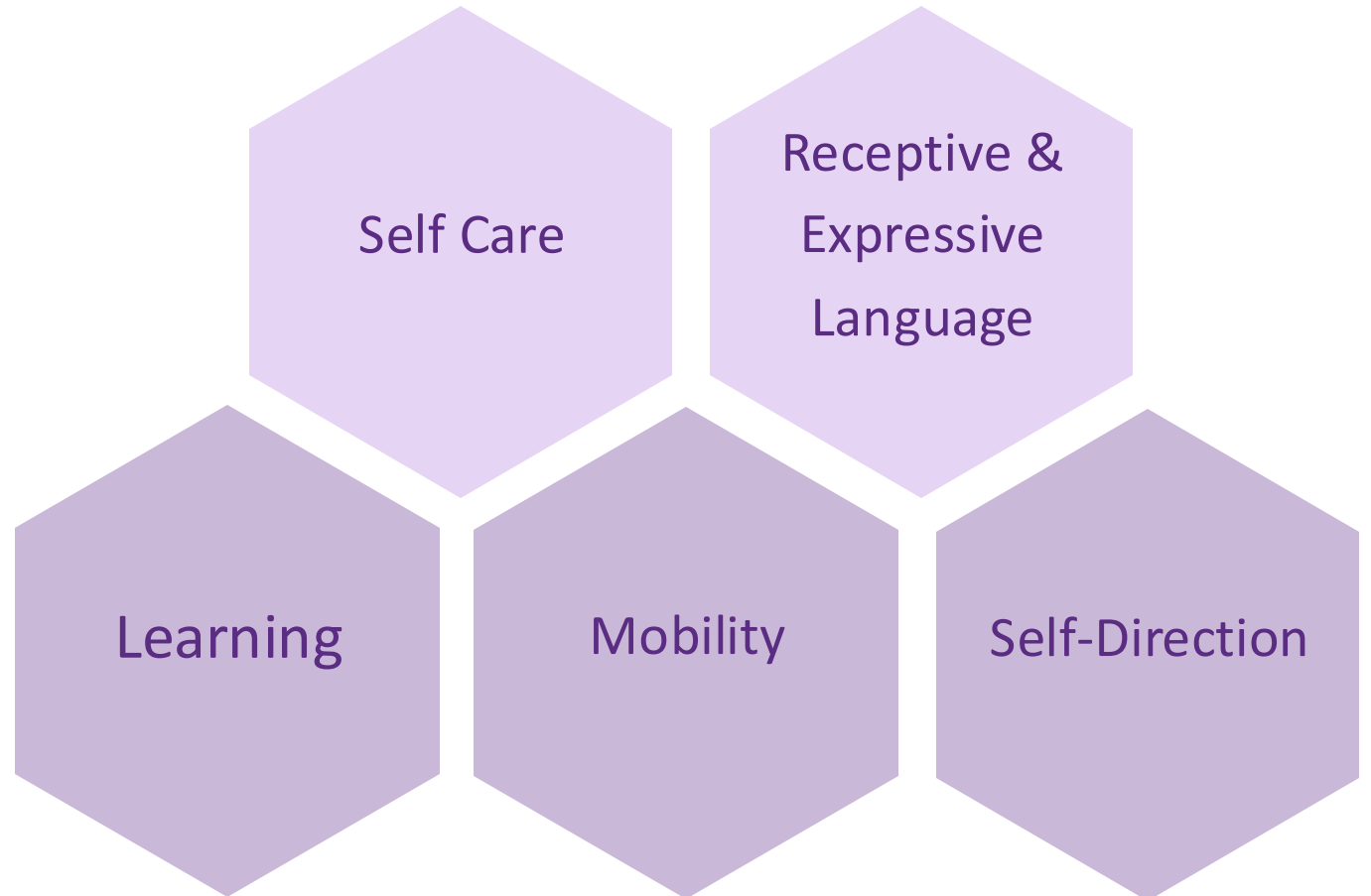
**Provisional  
Eligibility**

3–5 years old

# Who is eligible for Provisional?

- Child is three or four years of age
- Disability is not solely physical

Significant functional limitations in at least two of the following areas:



Prior to age five (5), the child must be reassessed



# Lanterman Act Services

## Who is eligible for Lanterman?

**All individuals residing in California who have a developmental disability as defined in California law and regulation.**



# Types of Intellectual and Developmental Disabilities

Autism Spectrum  
Disorder

Intellectual  
Disability (ID)

Epilepsy

Cerebral Palsy  
(CP)

Category 5\*

\*not a diagnosis

# Common Services (School Age to Transitional)



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# Common Services (Adults)

## Residential Services



### Independent Living Services

Designed to teach adults the necessary skills to live independently, whether they are living with family or on their own.



### Supported Living Services

Assists independent adult consumers who live in their own home, whether they rent or own, and are responsible for paying rent and daily living expenses.



### Intermediate Care Facilities

Offer 24-hour care and support for individuals who require assistance with self-care, behavioral challenges, or medical needs.



### Community Care Facilities

Provide 24-hour care, support, and supervision for facility residents and offer four different service levels.

# Common Services (Adults)



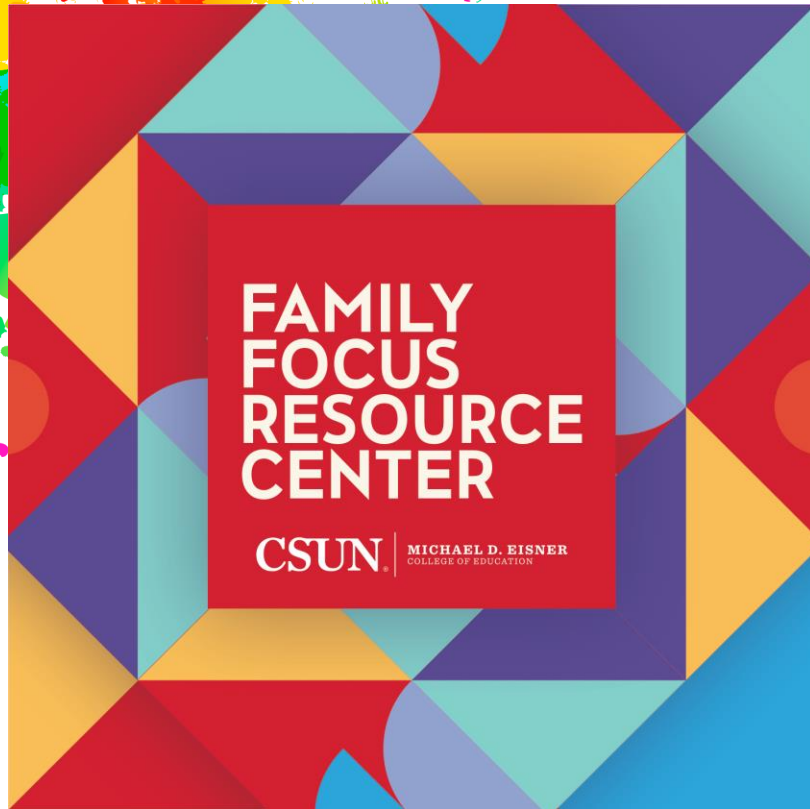
## Supported Employment Program

Provides support for consumers to find jobs where people without disabilities are employed. Placements can be either individual or group-based.



## Adult Day Programs

Offer skill-building services for up to 30 hours per week, primarily for non-employed attendees. These programs assist in developing skills such as employment, self-advocacy, social interaction, community involvement, self-care, and behavior control.



**San Fernando Valley (CSUN- Non-Regional Center consumers)**

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**For further information visit, [Family Focus Resource Center | California State University, Northridge \(csun.edu\)](http://FamilyFocusResourceCenter|CaliforniaStateUniversity,Northridge(csun.edu))**

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