



FREE 8-WEEK ONLINE PREVENTION & EDUCATION GROUP FOR TEENS AGED 12-17

Get Support. Build Resilience. Get Rewarded.

Thursdays 5:00 - 6:00 PM

LIMITED SPOTS - DON'T MISS OUT!

Join us for a safe, judgment-free space where teens can:

- Learn how to handle cravings & triggers
- Understand substances (Drugs 101)
- Build coping skills and prevent relapse
- Connect with peers for support
- Talk openly about reproductive health
- Discover how recovery can be fun

BONUS

Teens who attend all 8 sessions will receive a gift card! Because **showing up for yourself** deserves a reward.



Call to Register or
Refer Your Teen:

(626) 263-9236

www.projectyouthwellness.org | www.mvconnections.org

