

**Los Angeles County Department of
Mental Health is hosting events near
you — come & enjoy:**

- Free food, music & giveaways
- Free community resources
- Meditation, yoga & other wellness activities



JOIN US!

FOR FREE EVENTS

2025

Monday, May 5, 11 am - 3 pm
Service Area 6
Los Angeles Southwest College
1600 W. Imperial Hwy., Los Angeles

Wednesday, May 7, 11 am - 3 pm
Service Area 1
Antelope Valley College
(Lancaster Campus)
3041 West Avenue K, Lancaster

Thursday, May 8, 10 am - 1 pm
Service Area 5
Santa Monica City College
(Main Quad)
1900 Pico Blvd., Santa Monica

Monday, May 12, 11 am - 3 pm
Service Area 2
Los Angeles Valley College
(Monarch Square)
5800 Fulton Ave., Valley Glen

Tuesday, May 13, 11 am - 3 pm
Service Area 7
Rio Hondo College
(Quad)
3600 Workman Mill Rd., Whittier

Wednesday, May 14, 11 am - 3 pm
Service Area 8
Los Angeles Harbor College
1111 Figueroa Place, Wilmington

Thursday, May 15, 11 am - 3 pm
Service Area 4
Los Angeles City College
(North Park/ NE Quad)
840 Heliotrope Dr., Los Angeles

Wednesday, May 28, 11 am - 3 pm
Service Area 3
Pasadena City College
(The Quad)
1570 E. Colorado Blvd., Pasadena

Saturday, May 31, 11 am - 3 pm
Countywide
Gloria Molina Grand Park
200 N. Grand Ave., Los Angeles

**For ADA accommodations, community
members should reach out to:**

Email: ADA@dmh.lacounty.gov

Phone: (213) 943-8120
(213) 947-6837

