



Vic James Center

CREATING SPACE TO HEAL

Sarah Anderson, Founder & CEO



Our mission is to promote healing through a focus on innovation, access to care, and community support.



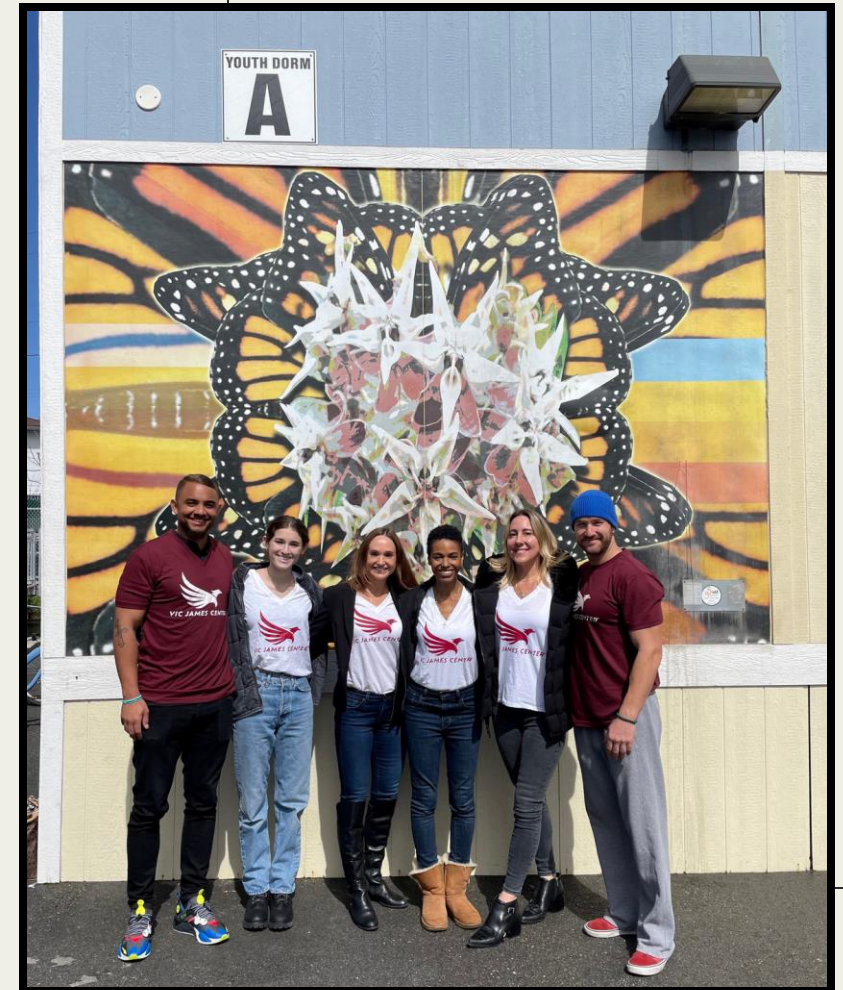
OUR FOCUS

We are non-profit organization that offers innovative evidence-based substance use disorder programs to youth (ages 16-25).



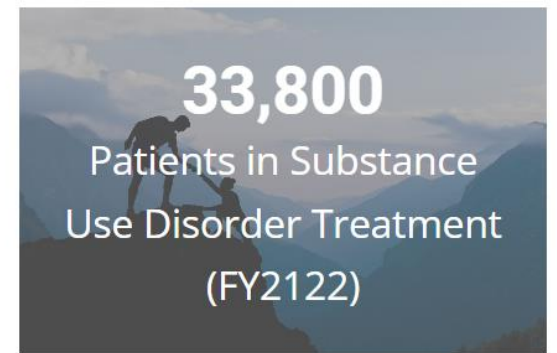
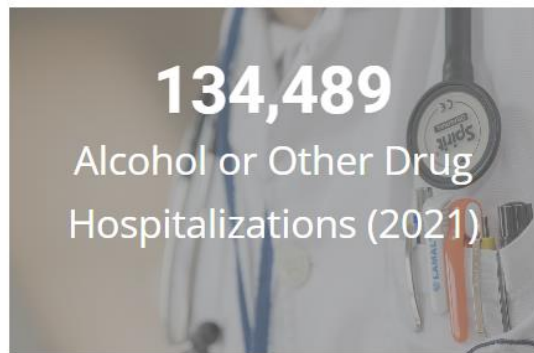
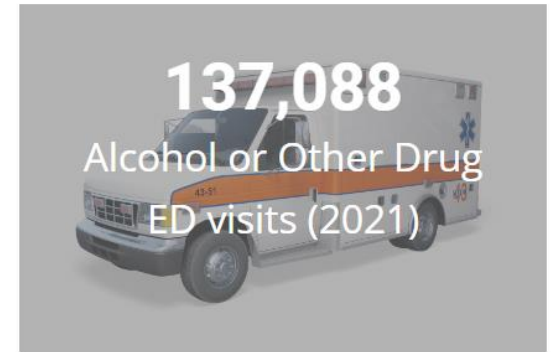
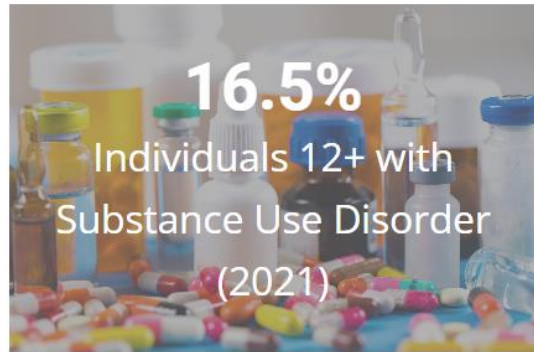
MEET THE TEAM

Our leadership team and staff have decades of combined experience providing mental health and substance abuse resources to the community. We have both lived, highly specialized, and direct experience working with individuals and families.



THE PROBLEM

For too many years, we have treated addiction as a moral failure—an approach that has left people without sufficient support, led to tragically high numbers of overdoses, and hurt families, friendships and entire communities. - Vice Admiral Vivek Murthy, Current U.S. Surgeon General



THE SOLUTION



Evidence Based Clinically Proven

We offer known and evidence based mental health programs to serve individuals with substance use disorders. An evidence-based practice is an intervention or treatment protocol that has been researched, evaluated, and documented to be effective.

Innovative People Centered

Our programs draw upon innovative approaches, including models that have not launched at scale but show promising outcomes or that have been successful in other regions.

Results Driven Activity Based

Our programs lessen the impact of life stress. We recognize the importance of building resilience and coping skills. We offer career counseling, fitness training, life coaching, college admission prep, music therapy, arts classes and other programs to instill confidence & reduce barriers to success.

Visionary Sustainability

We partner with workforce training and staffing placement agencies to further our client's ability to build a life they are proud of.

We collaborate with community colleges and both private & public universities to provide individuals with opportunities to pursue higher education

HEALING ARTS

The Healing Arts program employs visual art, written poetry, spoken word, storytelling, Shakespeare, improv & the performing arts. The program aids such youth to express emotion constructively, discover their inner creativity, build positive self-esteem & establish a strong sense of community with the understanding that participation in a wholesome & accepting community is paramount in countering addiction & the likeliness of drug use.

Analytics-driven / User-friendly / Activity-based / Customizable/ Scalable



Immediately empowers participants to connect with peers and adults to support them to live healthier lifestyles that are aligned with their recovery goals. Improves mental health and sense of wellbeing through laughter, music, and creativity.

- Increase feelings of: connection, hope, identity, meaningful life, empowerment
- Reduced substance related mortality
- Reduced healthcare costs
- Reduced stigma about addiction
- Reinforce leadership, team-building, communication and problem-solving skills (Prodigy Youth Model)

WELLNESS

Resilience, Confidence and Teamwork. We use discretion to make sure individual goals are accomplished. Whether that's holding a plank for a full minute or 7 seconds, our clients will grow in mental/spiritual/emotional/physical strength, realize their resilience... and will understand the importance of small victories, being victories, in general. We strive to enforce the understanding and benefits natural endorphins provide, through exercise. We are not here to 'destroy' you, nor is this a boot camp of sorts. This will build confidence and a sense of community.

Data-driven / Dynamic / Supportive/ Connected
Community



- Reduced substance related mortality,
- Reduced healthcare costs,
- Reduced stigma about addiction
- Reduced crime and recidivism (Sober Active Community white paper).

CAREER COACHING

The Career Coaching Program accomplishes the following things:

- Get clear on your career desires and what motivates you towards them
- Discover and cultivate positive beliefs about yourself and your abilities
- Learn how to become your own advocate to get more job offers
- Grow your confidence to make money doing work you enjoy

Data-driven / Dynamic / Supportive/ Connected
Community



- Negotiate higher paying salaries or
- Secure employment.
- Enroll in education
- Address geographic equity
- Attract Investors from other sources (i.e., counties, State, local & international **businesses**).
- Increase recovery from SUD
- Reduce the mortality rate due to SUD

YOUTH MENTORSHIP

Positive Identity, Empowerment, Boundaries, Expectations, Time Management, Social and Academic Skills, Commit to Learn, Support System

Stage 1: Personal Development

Stage 2: Inner Self

Stage 3: Professional

Stage 4: Reflection and Reward

Data-driven / Dynamic / Supported / Connected Community



“Just say it! Talk about the hard things today. You do not grow from a place of comfort or denial. Care for yourself by willing to speak the things often unspoken. It may not feel great in the moment, but you are creating long term freedom for your health and wellness.”

LA COUNTY TAY STATS

Economic Impact	Health Care	Substance Use
More than half of all unemployment claims were from 16-24 year olds during the pandemic.	26% of 18-24 year olds seriously contemplated suicide during the pandemic.	Misuse/abuse of Rx opioids is most common among individuals aged 18-25 years.
The youth unemployment rate is at 8.5% compared to national 3.5%. About three-fourths of the unemployed youth were looking for full-time work in July 2022.	60% of teens and young people with mental health concerns cannot access care. Without access to care individuals with mental health issues self-medicate with AOD to escape from the feelings of distress.	Accidental drug overdose deaths increased by 200% among people aged 12-17 years and 73% among the 18-24 age group. 3.5 times more likely to have workplace accident & 2 times more likely to miss work

[Per LA County Substance Abuse Prevention and Control 2022 data brief](#), there are 184,570 Youth and TAY in West LA. 24% of those 12 and up engage in illicit drug use which is approximately 25,000. 7,200 have an SUD. 5,600 use Rx Opioids and 1 in 3 teenagers struggle with substance use.

OUR NUMBERS

2 years
in operation

175+ thousand
raised

1000+
youth

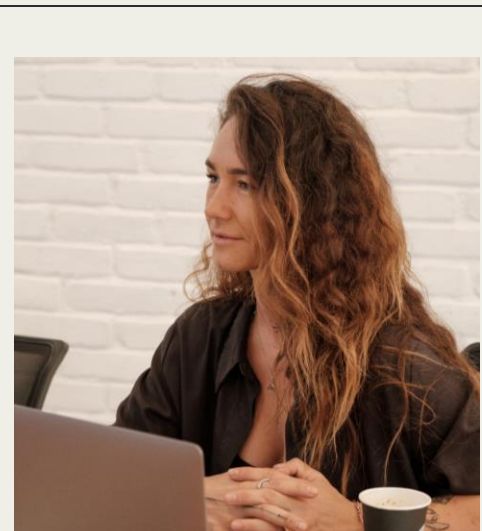
10
Board members

1500
workshops

75
active partners

500k
outreach
campaign

6 org types
diverse portfolio



Join us in revolutionizing access to
innovative and emerging health care.





Vic James Center

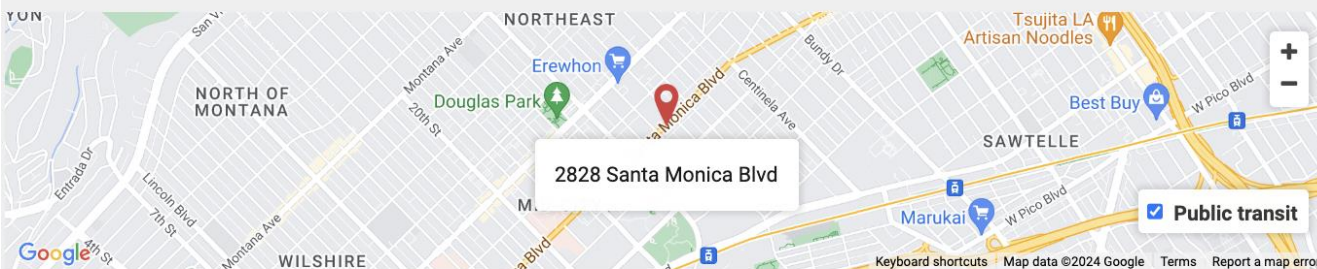
California Verified Information

[Refer](#) [Bookmark](#)

Our mission is to promote healing through a focus on innovation, access to care, and community support. We are non-profit organization that offers innovative evidence-based substance use disorder programs to youth (ages 16-25).

Contact

[View website](#)



Vic James Center

Mon - Fri 9 am - 9 pm

Have you used this resource? Click "Review this service" and tell us about your experience.

Notes

[Add a note](#)

Help others and share public information you learned about this resource. You can also make a private note for yourself. Click "Add a note" to get started.

To report misinformation on this page, click "Suggest Edits"

Thank you!

VICJAMESCENTER.ORG

Sarah Anderson, Founder & CEO
sarah.anderson@vicjamescenter.org

