

# Hillsides



**Together, we create lasting change.**



# Our Core Programs



## HillsidesCares

Residential (RTC), Partial Hospitalization (PHP), and Intensive Outpatient Program (IOP) psychiatric hospital diversion programs



## Family Resource Centers

Family services, outpatient treatment, WRAP and health care system navigation



## Youth & Young Adult Services

Drop-in services, supportive housing, and workforce development



## Foster Care & Adoption

Home-based family care and adoptions to children and youth



# Outpatient Services

- Mental Health Services
  - Individual and Family Therapy
  - Psychiatric Medication Support Services
  - Therapeutic Behavioral Services (TBS)
  - School Based Services
  - Parenting Classes
  - Case Management
- 




youth  
moving  
On

# Peer Resource Center

**TAY Drop-in Center**  
**456 E Orange Grove Blvd Pasadena**  
**CA 91104**




Peer Resource  
Center  
“One-Stop  
Shop”

- Individualized Case Management
  - Mental Health Services
  - Housing Assistance Services
  - Substance Abuse Services
  - Workshops: Cooking, Art, Mindfulness, Legal Aid
  - Career and Educational Planning
  - Linkage to Resources
  - Computer Lab, Printing and Internet Access
- 



Peer Resource  
Center  
“One-Stop  
Shop”

- Food – Breakfast, Lunch, Dinner
  - Shower Services
  - Laundry Services
  - Hygiene Products
  - Transportation – TAP Cards
  - School Supplies
  - Clothing Assistance
  - Phone Charging Station
- 



## Hillsides

Pasadena, CA ⓘ Information Status



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Hillsides provides educational, treatment and services for at-risk children and their families. Programs include an educational center, case management, psychiatric services, crisis intervention and mentoring.

### Opportunities



+ Add opportunity



Get a paid internship for youth transitioning out of foster care

↪ Refer



Get case management services for families

↪ Refer



Get crisis intervention services for families

↪ Refer



Get residential treatment services

↪ Refer



Get parenting help

↪ Refer



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# Thank you!

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[www.hillsides.org](http://www.hillsides.org)

Laura Jimenez  
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Hillsides







HillsidesCares | MENTAL HEALTH CONTINUUM OF CARE



# HillsidesCares

HillsidesCares is a full continuum of mental health treatment services for high acuity youth ages 6-17 located in Pasadena, CA. Spanning all levels and intensity of care, our continuum tracks clients through a comprehensive array of mental health treatment services and aftercare programming.

# FULL CONTINUUM OF CARE

Residential

Our **residential program** provides 24-hour acute mental health stabilization in a structured environment with evidence based services tailored by level of need and disorder type. We offer 24/7 nursing, psychiatry, and team-based care.

PHP

Our **partial hospitalization program (PHP)** allows children to live at home while still receiving intensive support and treatment during the day. Our team provides risk assessment and safety planning as well as daily group therapy sessions and weekly multi-family therapy sessions.

IOP

Our **intensive outpatient program (IOP)** provides intensive mental health treatment with a more flexible schedule than other programs. Clients in this program work on recovery skills while spending more time at home. IOP typically runs three days a week.

Aftercare

Our **after care services** provide mental health support well after discharge to ensure clients continue receiving care as they transition back to everyday life. This includes case management, medication adherence, and ongoing therapeutic support.







# WHO IS HILLSIDESCARES FOR?

## Typical Client Profile

Age 6 to 17, with moderate to severe emotional disturbance marked by a pattern of challenging behaviors that cannot be safely managed at home



Acute psychiatric symptoms

Significant dysfunction at home or school

History of inpatient hospitalizations

Danger to self; unable to live at home

*Common Diagnoses: PTSD, Major Depressive Disorder, Bipolar Disorder, Fetal Alcohol Spectrum Disorders, Oppositional Defiant Disorder, Reactive Attachment disorder, Developmental Delays, Schizoaffective Disorder, Psychotic Disorder, Schizophrenia, ADHD*



# REFERRAL PATHWAYS

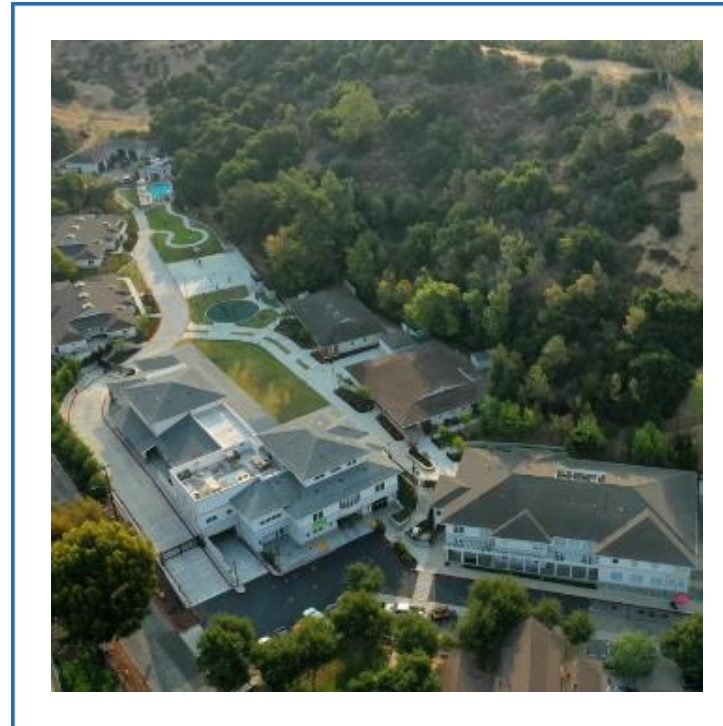
## In-Network Commercial Health Plans

We are in-network with Kaiser, Anthem, Magellan, Carelon, TRICARE, & Optum Medical plans are not accepted at this time



## Private Pay Agreements

We can work with families on payment plans to pay for services if not using in-network benefits



## School Districts

Agreements with schools for scope of services aligning with IEP in providing short-term residential services to address mental health symptoms interfering with student's ability to access education



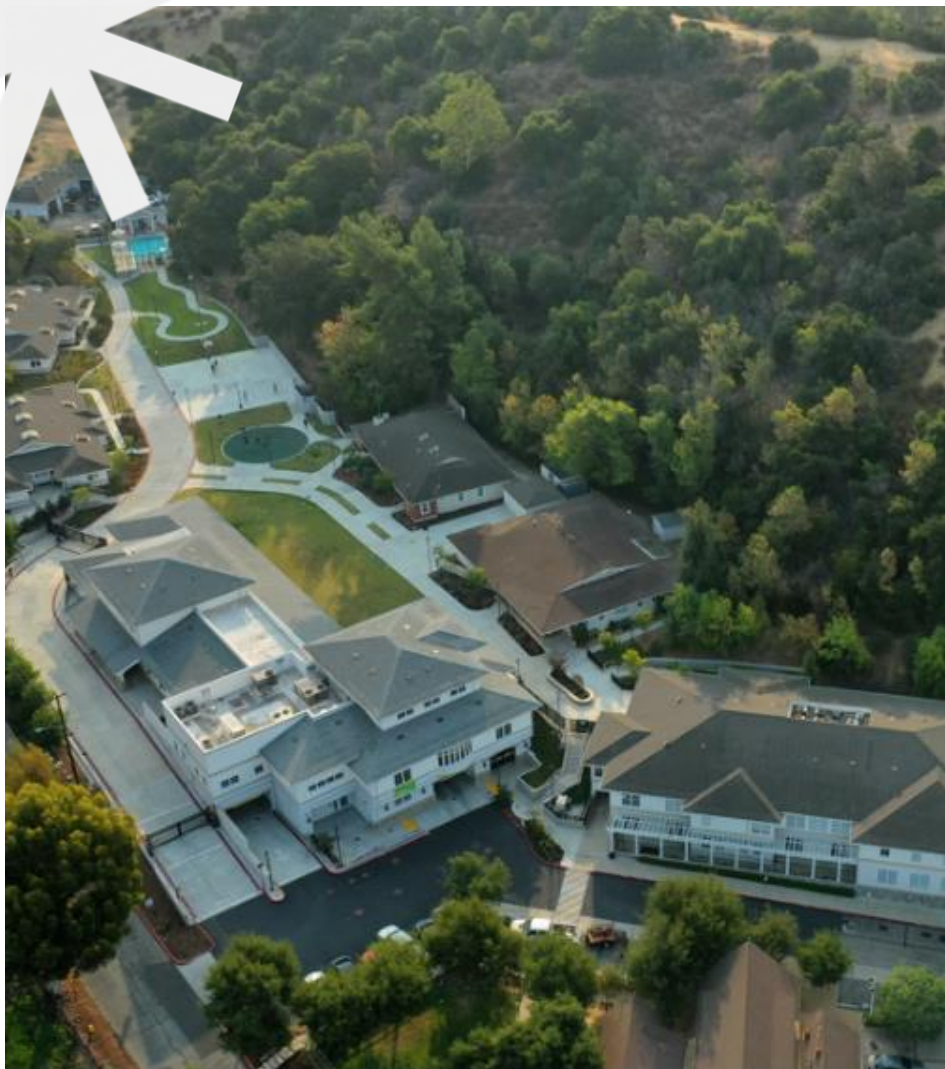
## Single Case Agreements

Hillsides may work with other health plans to request a single case agreement for services



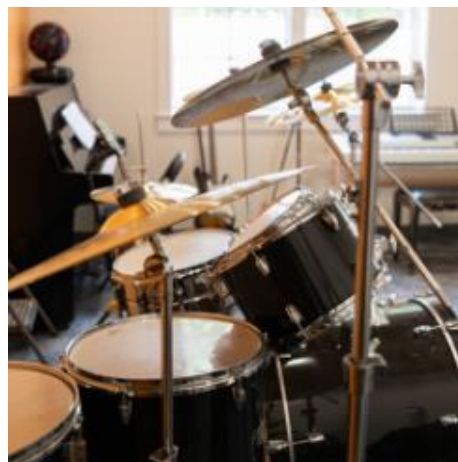
## One Degree

Laura Jimenez will be handling referrals for us and sending them to us accordingly



## OUR FACILITIES

We are located on a 17-acre campus in Pasadena, California. With support from our philanthropic donors, we completed a significant \$18 million campus renovation in 2019 that added 34,000 square feet of state-of-the-art facilities, an outdoor recreation corridor, and several therapeutic amenities.





# CONTACT US



[www.hillsidescares.org](http://www.hillsidescares.org)



[hillsidescares@hillsides.org](mailto:hillsidescares@hillsides.org)



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