

Accessing Mental Health Resources

ACEs-LA website



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ACEs-LA is a collaborative effort between LA County stakeholders and the state to build community resilience. Our team supports the implementation of ACE screening and response at clinics across LA County Department of Health Services. Our Network of Care initiative aims to strengthen connections between DHS clinics and community-based organizations to jointly meet the needs of children and families impacted by toxic stress.

What are ACEs and effects of ACEs?

Adverse Childhood Experiences (ACEs) happen to people before their 18th birthday. They include exposure to abuse, neglect, and household challenges like mental illness, divorce, or substance abuse. ACEs cause toxic stress for your body. These traumas and stress increase the risk for smoking, alcoholism, suicide attempts, cancer, drug use, infection, diabetes, obesity, lung problems, broken bones, stroke, heart disease, depression, and other serious health conditions.

Our Impact

How common are ACEs?

ACEs are very common. About 1 in 6 adults have 4 or more ACEs. Although common, having ACEs can be very bad for your health. According to the CDC, at least 5 of the top 10 causes of death can be associated with ACEs.

ACEs-LA Network of Care

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ACEs-LA's Clinical Response Toolkit is a collection of resources for improving the health and wellbeing of patients and families.



Clinical Response Toolkit

Kit de Respuesta Clínica

Share these handouts with your patients and their families.

ACEs-LA Patient Handout	ACEs-LA Folleto para Pacientes
ACEs-LA Patient Resources by Services	ACEs-LA Recursos para Pacientes por Servicios
ACEs-LA Stress Buster Handout for Kids	ACEs-LA Folleto de Reductores del Estrés para niños
ACEs-LA Stress Buster Handout for Teens and Adults	ACEs-LA Folleto de Reductores del Estrés para adolescentes y adultos

- ▶ **Patient Education / Educación para Pacientes**
- ▶ **Supportive Relationships / Relaciones de Apoyo**
- ▶ **Quality Sleep / Sueño de Calidad**
- ▶ **Balanced Nutrition / Nutrición Equilibrada**
- ▶ **Physical Activity / Actividad Física**
- ▶ **Mindfulness Practices / Prácticas de Conciencia**
- ▶ **Experiencing Nature / Contacto con la Naturaleza**
- ▶ **Mental Healthcare / Atención de Salud Mental**

Accessing Mental Health Resources

One Degree



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Discover the heart of healthcare in our Network of Care, where our clinics stand ready to serve and connect patients to the care they need.

CLINIC ONE DEGREE COLLECTIONS

[LA General/ESG HUB One Degree Access Page](#)

[Edward Roybal CHC One Degree Access Page](#)

[Glendale HC One Degree Access Page](#)

[H. Claude Hudson CHC One Degree Access Page](#)

LEARN HOW TO USE THE ONE DEGREE CLR FEATURE



Clinic CLR Tutorial



Copy link



CLINIC ONE
DEGREE CLOSED-
LOOP REFERRAL

Accessing Mental Health Resources

One Degree

The screenshot shows the One Degree website interface. At the top, there is a navigation bar with the One Degree logo, a 'Browse Resources' dropdown, a search bar with the text 'Find Search for reso...', a location filter 'Near Los Angeles, CA, USA', and buttons for 'Español', 'Login', and 'Sign Up'. Below the navigation bar, the main heading reads 'ACEs-LA Network of Care - Hubert H. Humphrey Comprehensive Health Center'. Underneath, it says 'A collection by Hubert H. Humphrey Comprehensive Health Center' and '140 Resources Los Angeles, California'. There are 'Collections' and 'Share' buttons. A search bar is visible below the heading. At the bottom, there is a 'Browse by Category' section with three categories: 'Closed-Loop Referral Partners' (18 Resources), 'ACEs-LA Mental Health' (6 Resources, highlighted with a red box), and 'ACEs-LA Pediatric Development and Special Education' (3 Resources). An 'Instant Answers' button is at the bottom right.

The screenshot shows the One Degree website interface for the ACEs-LA Mental Health resources page. The navigation bar is identical to the previous screenshot. The main heading reads 'ACEs-LA Network of Care - Hubert H. Humphrey Comprehensive Health Center > ACEs-LA Mental Health'. On the left, there is a 'Categories' sidebar with a list of categories: 'ACEs-LA Closed-Loop Referral Partners', 'ACEs-LA Mental Health' (highlighted), 'ACEs-LA Pediatric Development and Special Education', 'ACEs-LA Regional Center', 'Baby Supplies', 'Childcare and Parenting Support', 'Dental Services', and 'Domestic and Intimate Partner Violence'. The main content area displays four resource cards, each with a red cross icon, a title, a provider name, and 'Refer', 'Print', and 'Bookmark' icons. The resources are: 1. 'Get mental health services' by Los Angeles County Department of Mental Health. 2. 'Get mental health services for individuals age 21 and under' by Children's Institute, with an 'ACEs-LA Network' tag. 3. 'Get mental health wraparound services for youth under 21 in the child welfare system' by Children's Institute, with an 'ACEs-LA Network' tag. 4. 'Get free mental health screening for children and youth' by Wellnest Emotional Health and Wellness. A map is visible on the right side of the page.