

The Healing Journey

Jonathan M. Wicks, LCSW

eliminating racism
empowering women

ywca

San Gabriel Valley

Key Areas

The Healing Journey

Interpreting Behavior

Post Traumatic Growth

Why Screen for ACEs?

The Healing Journey

Severe Mental Illness

Medication +
Treatment

Mod/Mild Mental Illness

Treatment +
Medication

Post Traumatic Stress

Post Traumatic
Growth

Key Areas

The Healing Journey

Interpreting Behavior

Post Traumatic Growth

Why Screen for ACEs?

Interpreting Behavior

Symptoms of Trauma

Knowing the signs
of trauma

Adverse Childhood

Looking back on
experiences

How did they cope?

Poor health from
poor coping skills

Key Areas

The Healing Journey

Interpreting Behavior

Post Traumatic Growth

Why Screen for ACEs?

Post Traumatic Growth

Trauma Focused TX.

Treatment +
Neuroplasticity =
Post Traumatic Growth

Re-wire the Brain

What SUD taught
us about
Neuroplasticity

Post Traumatic Growth

Self-Esteem
Relationships
Meaning/Purpose

Key Areas

The Healing Journey

Interpreting Behavior

Post Traumatic Growth

Why Screen for ACEs?

Why Screen for ACEs?

Awareness is Key

You might be the first stop on their Healing Journey

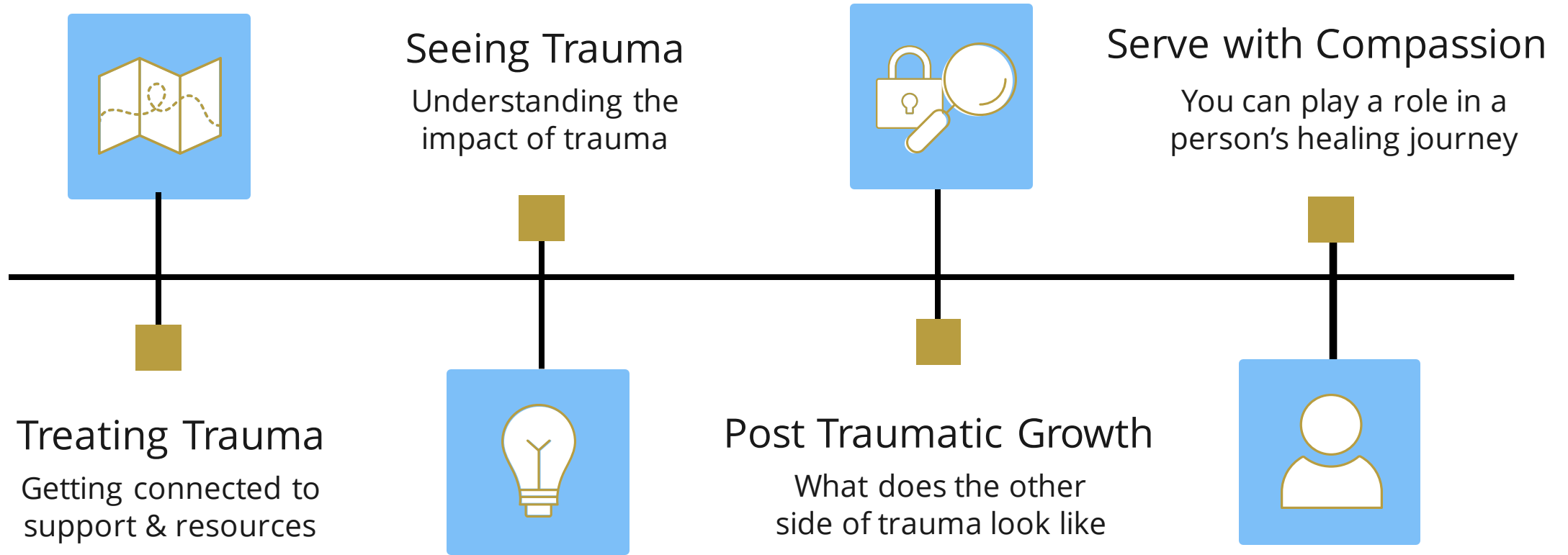
Linkage to Services

The screening may lead to referrals for support & resources

Serve with Compassion

This interaction can be a step towards PTG.

The Healing Journey



Thank You!

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