

Patient has history or exam concerning for developmental delay and/or disorder

Perform developmental screening for age, usually ASQ3 and MCHAT

ASQ3 shows **borderline** in 1 or more domains

- Provide information on [positive parenting](#) and developmental activities ([Eng](#) and [Sp](#))
- Follow up in 1-3 months for repeat ASQ3

ASQ3 shows **failure** in 1 or more domains; MCHAT failed

Patient is under 3 years old

Refer patient to [Regional Center](#)

- Regional Center will evaluate patient but may not provide services
- RC application is online
- Provider should have parent also sign [Release of Information](#) and fax to RC to be able to receive information on patient's services/status
- By law Regional Center is required to evaluate child if parent consents

Patient **DOES NOT qualify** for services per RC evaluation

Patient **DOES qualify** for services per RC evaluation

PCP should contact RC to confirm this

RC connects patient to a RC service coordinator

Provide information on [positive parenting](#) and developmental activities ([Eng](#) and [Sp](#))

Consider short trial of DHS PT, OT, and/or speech therapy ordered through ORCHID

If longer term therapy needed...

Service coordinator **DOES NOT** set up insurance coverage for therapy

PCP should request RC evaluation and recommendation reports. PCP can use these to connect patient to services

Service coordinator **DOES** set up insurance coverage for therapy and initiates therapy with therapy provider

Child will receive therapy through RC

PCP team to request insurance auth for therapies. RC can recommend a therapy provider if needed. Once approved, patient can initiate therapy with the designated service

Provider concerned patient has **autism** or other **pervasive developmental delay***

**Clinicians can make a clinical diagnosis of Autism or pervasive developmental disorders while awaiting formal testing and dx to facilitate service connection*

In addition to RC referral, consider referral to...

SHARK Clinic through eConsult portal

ABA therapy if behaviors are a concern

- Parents call insurance (most have [LA Care](#) or [Health Net](#)) to request ABA LA Care
- A letter from the provider about the child's behavior developmental diagnosis can help with the process

Patient is 3+ years old

Patient has or is suspected to have: Autism, Cerebral Palsy, Mild to Profound Intellectual Disability, Moderate to Severe Intellectual Disability and/or Seizure Disorder

No

Yes

1

2

3

Refer the patient to enroll into school to get therapy through school. Kids can enroll at age 3 years if they have therapy needs. Parents should request an IEP evaluation from the school at time of enrollment

If a child already has an IEP, it gets renewed yearly and that is when changes can be made.

Head Start is a good alternative if parent hesitant about school

If the child is getting less therapy than needed, or none, PCP can request insurance authorization for the needed therapy

Refer patient to Regional Center for diagnostic evaluation (if needed) and for stronger family support

- People meeting certain requirements can be RC clients for life
- RC **does not** provide therapeutic services, but can link patient and family to support groups, classes and other supports
- Some example of support include:
 - Respite care
 - IHSS, SSI
 - ABA

Other considerations:

Behavior is a concern

Refer patient for ABA:

- Parents call insurance (most have [LA Care](#) or [Health Net](#)) to request ABA LA Care
- A letter from the provider about the child's behavior developmental diagnosis can help with the process

Patient needs more services than school provides or there is delay with getting time sensitive service

PCP team to request insurance authorization for the needed therapy.

Consider short trial of DHS PT, OT, and/or speech therapy ordered through ORCHID. This can help PCP get recommendations on patient's long-term therapy needs

When patient turns 3 years old, patient needs to transition RC services to school. Parents should start school enrollment process when patient is 30 months to give time for [IEP evaluation](#). Patient can continue needed therapies through IEP