



The LAUSD Food Service Division (FSD) operates an extensive summer meal program, serving roughly 240,000 meals daily to children in our local communities. Our operation also supports the Beyond the Bell summer academic, enrichment, and recreation programs.





During the summer, FSD operates within the federally funded Seamless Summer Option (SSO) program allowed by the California Department of Education (CDE).

This initiative empowers us to offer breakfast and lunch meals to children across roughly 500 school campuses within the LAUSD boundaries.

# Who is allowed to participate



All persons in the community who are 18 years of age and under and those persons over age 18 who meet the Department of Education's (CDE) definition of having a mental or physical disability may participate in the LAUSD summer meal program.



## What do we provide

VECETABLES

FRUMS



GRAINS

MEAT/MEAT ALTERNATE

Our FSD Nutrition Team follows federal meal pattern guidelines when crafting summer menus. These menus showcase a variety of nutritious items, including:

### Federal Regulations Requirement:

All meals must be eaten on campus. No food is allowed to be taken home.



Summer Breakfasts will be served during the months of June through August.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Café LA Coffee Cake - V	Morning Beef Sausage Sandwich	Turkey Sausage Quesadilla	Deluxe Cereal Bowl - V	Egg & Cheese Croissant Sandwich
Deluxe Cereal Bowl - V	Scooters Cereal Bowl & Crackers - V	Nutri-Grain Bar & Cheese Plank - ♥	Scooters Cereal Bowl & Crackers - V	Deluxe Cereal Bowl - ♥
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Got Milk	Got Milk	Got Milk	Got Milk	Got Milk

#### 🏁 All of the Grain/Bread items served are Whole Grain Rich.

Per USDA, students MUST take at least 3 components as part of their breakfast.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

Fresh Fruit: Apple Slices, Apple, Banana, Orange, Peaches, Plums, Nectarines

Deluxe Cereal Choices: Cinnamon Rice Chex, Honey Cheerios, Cinnamon Granola, Strawberry Granola, Honey Bunches of Oats



# Sample Summer Lunch Menu CAFÉLA LAUSD SUMMER 2024 - Lunch Menus

MENUS ARE SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		6-12	6-13 Chickpea Butter & Jelly Sandwich - ♥ Petite Baby Carrots Fresh Fruit Got Milk	6-14 Cheese Wedge Pizza - V Vegetable Juice Slush Fresh Fruit Got Milk
6-17 Deep Dish Pepperoni Pizza Petite Baby Carrots Fresh Juice Got Milk	6-18 Chicken Parmesan Salad Cheesy Garlic Breadstick Cucumber Coins Fruit Pop Got Milk	6-19 JUNETEENTH HOLIDAY	6-20 Sunbutter & Strawbery Jelly Sandwich → V Vegetable Juice Slush Fresh Fruit Got Milk	6-21 Café LA Burger Thick Cut Fries Fresh Fruit Got Milk
6-24 Beef & Cheese Burrito Petite Baby Carrots Fresh Juice Go Milk	6-25 Breaded Chicken Nuggets Cucumber Coins Fruit Pop Got Milk	6-26 Beef & Cheese Taquitos Romaine Mix Salad w/Dressing Fruit Juice Slush Got Milk	6-27 All Star Turkey Hot Dog Vegetable Juice Slush Fresh Fruit Got Milk	6-28 Breaded Chicken Sandwich Thick Cut Fries Fresh Fruit Got Milk
7-1 Deep Dish Pepperoni Pizza Petite Baby Carrots Fresh Juice Go Milk	7-2 Chicken Parmesan Salad Cheesy Garlic Breadstick Cucumber Coins Fruit Pop Got Milk	7-3 Chicken Corn Dog Romaine Mix Salad w/Dressing Fruit Juice Slush Got Milk	7-4 INDEPENDENCE DAY HOLIDAY	7-5 Chickpea Butter & Jelly Sandwich - V Petite Baby Carrots Fresh Fruit Got Milk
7-8 Beef & Cheese Burrito Petite Baby Carrots Fresh Juice Go Milk	7-9 Breaded Chicken Nuggets Cucumber Coins Fruit Pop Got Milk	7-10 Beef & Cheese Taquitos Romaine Mix Salad w/Dressing Fruit Juice Slush Got Milk	7-11 All Star Turkey Hot Dog Vegetable Juice Slush Fresh Fruit Got Milk	7-12 Breaded Chicken Sandwich Thick Cut Fries Fresh Fruit Got Milk





### **Food Services Division Website**

### www.lausd.org/cafela

