



## MENTAL HEALTH SERVICES

### PROGRAMS

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- **Adult Mental Health**

Adult Mental Health provides behavioral health services to single adults or adult parents involved in a SHIELDS program. SHIELDS offers behavioral health as a component of the SUD services, family services, and child welfare services we offer. Additionally, SHIELDS enrolls walk-ins or those referred by the community /DPSS-referred individuals 18 and over who are experiencing mental health barriers to employment and financial stability (CALWORKS.)

- **Birth-Five**

SHIELDS' Birth- Five program provides a full range of mental health services by SHIELDS' clinicians specifically trained to work with this population. Our clinicians are trained in Child-Parent Psychotherapy, Parent-Child Interaction Therapy, and participate in ongoing Birth – Five research.

Services are integrated into a variety of other programs, including Healthy Start, Welcome Baby, Home Visitation, and SHIELDS Substance Abuse Treatment programs through our Child Development Centers.

- **Children's Mental Health**

SHIELDS' Children's Mental Health serves community-based referrals for youth 5-18yrs old. Clinicians provide individual, family, group mental health services. Children's Mental Health clinicians also provide direct services through our partnerships with schools listed under our School-Linked program.

- **School-Linked**

SHIELDS provides therapists and case managers to Los Angeles Education Corps (College Bridge Academy), Compton Unified School District, Lynwood Unified School District, Los Angeles Unified School District, Paramount Unified School District, The Archdiocese of Los Angeles Department of Education. School-linked staff provide classroom intervention and observation, individual therapy, group therapy, family therapy, targeted case management, and after-school programming.

- **Juvenile Justice**

Juvenile Justice behavioral health services focus on children and youth involved, previously involved, or at risk of involvement with the Los Angeles County Juvenile Justice system. SHIELDS uses Multi-Systemic Therapy and Functional Family Therapy models. Youth enrolled in Juvenile Justice may also receive services from our Revelations program. SHIELDS also provides a Day Reporting Center for Probation-referred youth.

- **Specialty**

The Behavioral Health Division provides services through the South Central Los Angeles Regional Center; SCLARC is a comprehensive resource for evaluation, diagnosis, treatment, advocacy, and support for people diagnosed with developmental disabilities. SHIELDS also provides Assisted Outpatient Treatment (AOT) for individuals with a severe mental illness. Finally, SHIELDS provides behavioral health services through CalWORKS.



### PARTNERS

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- Partnering schools listed under "School-Linked"
- Free Arts
- Claris Health
- The Change Reaction
- School on Wheels
- Geri Smiles
- Vision to Learn

### FUNDERS

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LA County Department of Mental Health, LA County Department of Developmental Services, LA County Department of Probation, LA County Department of Substance Abuse Prevention and Control, and Specialty Family Foundation provide funding for behavioral health services and informational materials.

### CONTACT US

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SHIELDS for Families  
11601 S. Western Ave  
Los Angeles, CA 90047  
323-242-5000  
info@shieldsforfamilies.org  
shieldsforfamilies.org