



# BULLYING

is never okay.

Rise Up Against Bullying!

## BULLYING AND SCHOOL VIOLENCE ADVOCACY PROGRAM

★ You are not alone ★

If you are being bullied,  
call us 24/7 toll-free at

**I-866-BE-A-HERO**



*Caring for Kids is a program of*  
San Fernando Valley Community Mental Health Center, Inc.

## HOW OUR COUNSELORS CAN HELP

- 24/7 LIVE COUNSELING BY PHONE
- IN-PERSON ADVOCACY
- RESOURCES AND REFERRALS FOR STUDENTS, PARENTS, & EDUCATORS
- EDUCATIONAL & INFORMATIONAL PRESENTATIONS

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