



ACEs-LA Network of Care

CBO Monthly Newsletter - January 2023

Announcements

One Degree Refresher Training

As we start the new year, we want to make sure we're all on the same page on how to find and respond to referrals. If you and your team would like a refresher in how to use the Closed-Loop Referral system please reach out to:

[Josh](#) or [Nikki](#)

Success Stories

We love learning about the ways in which our CBO partners are helping and connecting our patients to resources. If you would like to share your success stories with us, please fill out the form below

[Success Story Form](#)

Facts and Figures

31

CBOs in clinic collections

485

No. of referrals to NoC CBOs

30

No. of referrals In Progress

209

No. of referrals Utilized

Learn about our clinics via their [Clinic Profiles](#)

Need help with One Degree?

[Visit the ACEs-LA CBO page.](#)

One Degree Tip Sheet

Keeping your One Degree page up-to-date

We would like to make it easy for our care teams to find you and refer to you quickly. Please revise your opportunity **titles** to reflect general services offered and opportunity **descriptions** to be more specific about services offered.

Example:

- **Opportunity Title:** Get legal support
- **Opportunity Description:** Get legal help with immigration, renters rights....

Status Options

Status option	Dropdown or Automatic	When to use
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In Progress	Dropdown	CBO in process of establishing contact with client, reviewing eligibility and capacity. ACE's-LA encourages continued communication with DHS referrer if possible.
Not Eligible	Dropdown	CBO determines client does not fit eligibility criteria
Not Utilized	Dropdown	CBO is unable to reach client after multiple attempts.
Utilized	Dropdown	Client can receive services from CBO.

*REMINDER: Please do not use One Degree to transmit Protected Health Information (PHI)

Self Care

[Stress Management](#)

Breathing exercises can help you relax, here are some exercises you can try.



ACEs-LA Team

[Nikki Morales](#)
Comm. Navigator South LA,
CAB co-facilitator
[Julie Ruedaflores](#)
Comm. Navigator, New CBO
engagement

[Josh Parsons](#)
Comm. Navigator North LA,
Data & One Degree Lead
[Tanya Marin-Lopez](#)
Comm. Navigator, NoC Clinic
coordinator



ACEs-LA Network of Care

CBO Monthly Newsletter - February 2023

Announcements

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Lunch and Learns

February's Lunch and Learn

"Getting to know CBOs in the Network of Care" with Valeria Vega (SHIELDS), Diane Nunn (Penny Lane), Marikit Mendiola (MFP), & Monique Holguin (MFP) is now available on the [ACEs-LA Website](#)

March Lunch and Learn

Join us as we listen to representatives from Beacon Health Options and the Department of Mental Health on March 16th, 2023 from noon-1pm.

[Register Now!](#)

Facts and Figures

31

CBOs in clinic collections

541

No. of referrals to NoC CBOs

29

No. of referrals In Progress

251

No. of referrals Utilized

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Self Care

[Declutter Your Mind](#)

Learn to mediate, form the habit of a regular practice, & expand your mind to the teachings of mindfulness. Meditation is a good way to relax, reduce tension & relieve stress.



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ACEs-LA Network of Care

CBO Monthly Newsletter - March 2023

Announcements

One Degree Refresher Training

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[Josh](#) or [Nikki](#)

Please welcome the newest **Network of Care partners!**

[California Family Counseling \(CalFam\)](#)

Lunch and Learns

March Lunch and Learn

"DMH and Mental Health Referrals"

with Suzan Cozolino (LAC- DMH) and Julie Flores (Carelton Health) is now available on the [ACEs-LA Website](#)

April Lunch and Learn

Join us as we continue with our CBO Series on April 20th from noon-1pm

[Register Now!](#)

Facts and Figures

33

CBOs in clinic collections

615

No. of referrals to NoC CBOs

39

No. of referrals In Progress

266

No. of referrals Utilized

Learn about our clinics via their [Clinic Profiles](#)

Need help with One Degree?

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Self Care

[What is Self-Care?](#)

Thanks to the Active Minds organization, here are some examples of Self-Care that we can remember to practice in our everyday life.



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ACEs-LA Network of Care

CBO Monthly Newsletter - April 2023

Announcements

One Degree Refresher Training

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[Julie](#) or [Nikki](#)

BEING ACES AWARE TRAINING

Interested in learning more about ACEs and Trauma Informed Care? Take the Being ACEs Aware training and learn more about evidence-based care to effectively intervene.

In Case You Missed It

"Getting to know CBOs in the Network of Care"

with Sabrina Almaraz (House of Ruth-Claremont), Rafael Guirado (Para Los Niño's) & Laura Counts (Child Development Institute), the recording, is now available on the [ACEs-LA Website](#).

Facts and Figures

33

CBOs in clinic collections

661

No. of referrals to NoC CBOs

37

No. of referrals In Progress

292

No. of referrals Utilized

Learn about our clinics via their [Clinic Profiles](#)
Need help with One Degree?
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Self Care

Distraction as a Strategy

Activities are a great way to distract ourselves from our current emotions until we are better able to cope. Learn about ways that can help you bring down your emotional distress.



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ACEs-LA Network of Care

CBO Monthly Newsletter - May 2023

Announcements

One Degree Refresher Training

If you and your team would like a refresher in how to use the Closed-Loop Referral system please reach out to:

[Julie](#) or [Nikki](#)

New One Degree Feature Temporarily Unavailable

One Degree's new feature allows you to update your opportunity when/if your service is at capacity. You can find this in the drop-down options when you click on "Update Page", on the top right of the opportunity you wish to change.

Lunch and Learn

[Register Now!](#)

June 22nd, 2023, noon - 1pm

Join us to learn about Summertime Resources for Families

Facts and Figures

33

CBOs in clinic collections

735

No. of referrals to NoC CBOs

64

No. of referrals In Progress

306

No. of referrals Utilized

Learn about our clinics via their [Clinic Profiles](#)

Need help with One Degree?

[Visit the ACEs-LA CBO page.](#)

One Degree Tip Sheet

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Self Care

[Changing our emotions](#)

While your emotions are always valid, it is important to check to see if the situation warrants the response your having. Am I being an effective communicator?



ACEs-LA NoC Team

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[Julie Ruedaflores](#)
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[Josh Parsons](#)
Comm. Navigator North LA,
Data & One Degree Lead
[Tanya Marin-Lopez](#)
Comm. Navigator, NoC Clinic
coordinator

Announcements

CBO Convening	New One Degree Feature
The ACEs-LA Network of Care will be putting together a virtual CBO Convening on October 25 th from 12-1pm. Our Goal is to connect with ALL Network CBOs and reaffirm our vision, mission and values. We want to take the time to validate the work that our CBOs do within the community and with out DHS patients. More information will be out in the coming weeks!	One Degree's new feature allows you to update your opportunity as "Temporarily Unavailable" when/if your service is at capacity. You can find this in the drop down options when you click on "Update Page", in the top right of the opportunity you wish to change.

Lunch and Learn

June Lunch and Learn	July Lunch and Learn
"Summer Resources for Families" with Dr. Razani (UCSF), Freddy Zavaleta (Parks & Rec), Monica Dudley (LAUSD), & John Han (LAUSD), the recording, is now available on the ACEs-LA Website .	Join us as we learn more about Back to School Resources for kids on July 27 nd , 2023 from noon to 1pm. Register Now!

Facts & Figures

Current No. of CBOs in Network	Cumulative No. of Referrals to NoC CBOs	Current No. of Referrals In Progress	Cumulative No. of Referrals Utilized
33	780	45	342

Keeping Your One Degree Page Up-to-Date


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One Degree Tip Sheet

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Self Care Recommendations	ACEs-LA Team	
A two-part podcast with tips for self-care, navigating stress, how to have hard conversations with loved ones, and more 	Nikki Morales Comm. Navigator South LA, CAB co-facilitator	Josh Parsons Comm. Navigator North LA, Data & One Degree Lead
	Julie Ruedaflores Comm. Navigator for all of LA County	

ACEs-LA Network of Care
CBO Monthly Newsletter - August 2023

Announcements

ACEs-LA NoC: CBO Convening

The ACEs-LA Network of Care will be hosting its inaugural CBO Convening, via zoom, on **October 25th, 2023 from noon-1pm**. This will be the first of many opportunities for all partners in Network of Care to get together, from CBO partners to our Clinician partners, and all other active stakeholders in our NoC to reaffirm: our vision, mission and core values.

Save the Dates have been sent out, and official invites will be updated in the coming weeks.

If you have any questions, please reach out to [Julie](#) or [Nikki](#).

Lunch and Learns

[Register Now!](#)
September 21st Lunch and Learn
Noon - 1pm

Join us on zoom, as we dive into the science behind Stress Busters and explore the resources for children and families featuring Insight LA
Angela Venegas-Murillo, MD, MPH, MS
California Family Counseling (CalFam)
Child Care Resource Center (CCRC)

Facts and Figures

Current No. of CBOs in Network	Cumulative No. of Referrals to NoC CBOs	Current No. of Referrals In Progress	Cumulative No. of Referrals Utilized
37	869	274	384

Keeping Your One Degree Page Up-to-Date

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[Stress Management: How to reduce & relieve stress](#)

While it may seem like there's nothing you can do about stress at work and home, there are steps you can take to destress and regain control



ACEs-LA Team

Nikki Morales Comm. Navigator South LA, CAB co-facilitator	Julie Ruedaflores Comm. Navigator for all LA County, New CBO engagement
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[Josh Parsons](#)
Comm. Navigator North LA, Data & One Degree Lead

ACEs-LA Network of Care
CBO Monthly Newsletter - September 2023

Announcements

Register Now!
CBO Convening
October 25th, noon - 1pm

The ACEs-LA Network of Care will be hosting a virtual CBO Convening. Please join fellow community partners and LA County DHS care teams to reaffirm the vision, mission, and practice of the ACEs-LA Network of Care!
If you have any questions, please reach out to [Julie](#) or [Nikki](#).



Safe Spaces: Supporting Schools and Care Settings to be Trauma-Informed

Trauma-informed schools and care settings offer a sanctuary of safety and support for young people. The Office of the California Surgeon General (OSG) recently launched a new online training for educators, school personnel, and early care providers to help recognize and respond to trauma and stress in children and share strategies for creating the conditions for safe and supportive learning environments for everyone.

[Safe Spaces Training](#)

Lunch and Learns

Register Now!
October 19th Lunch and Learn
Noon - 1pm

Join us on zoom, as we dive into resources for Pediatric Development & Special Education for a second time, featuring
Cristina Preuss (NLARC)
Monique Rowles, EdD, LCSW (LAUSD)
Jose J. Gonzalez, Ph.D. (LAUSD)

Facts and Figures

Current No. of CBOs in Network	Cumulative No. of Referrals to NoC CBOs	Current No. of Referrals In Progress	Cumulative No. of Referrals Utilized
37	927	56	401

Keeping Your One Degree Page Up-to-Date

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[Burnout Prevention and Treatment](#)

Burnout occurs when you feel overwhelmed, emotionally drained, and unable to meet constant demands. Learn what you can do to regain your balance and feel positive and hopeful again.




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Comm. Navigator for all LA County, New CBO engagement

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Announcements

<p>Post Convening Survey for non-attendees</p> <p>We missed some of you at the CBO convening! Your feedback is important to us! Please complete a brief survey to help us plan future convenings.</p> <p>Complete the survey now!</p> 	<p>A thousand One Degree referrals!</p> <p>We are excited to share that we have officially reached our 1,000th referral this month.</p> <p>We would like to thank all the CBOs and clinics involved in making this possible. We hope to continue to build and reach new milestones such as these.</p>
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Webinars

Inaugural CBO Convening

Presentations from Shannon Thyne (MD), Monique Holguin (LCSW, PhD), Noel Lopez (MURP), Rachel Gilgoff (MD) and Adam Schickedanz (MD, PhD) as well as the full recording, can be found on the [ACEs-LA Network of Care page](#).

Facts and Figures

Current No. of CBOs in Network	Cumulative No. of Referrals to NoC CBOs	Current No. of Referrals In Progress	Cumulative No. of Referrals Utilized
37	1012	320	443

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12 ways to reduce stress with music

Here are 12 ways you can use music in your daily routine to help manage stress and create more joy in your life.



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Announcements

Trauma and Prevention for Professionals

UCLA's Prevention Center of Excellence has put together an introduction to trauma and prevention for professionals. They go over trauma and resilience informed care and other techniques that may aid you in fostering a safe, trustworthy and transparent environment with clients.



Webinars

Coming Soon!

We are working on gathering webinars you and your staff may be interested in. If you come across any you'd like to share please reach out to [Nikki Morales](#)

Facts and Figures

Current No. of CBOs in Network	Cumulative No. of Referrals to NoC CBOs	Current No. of Referrals In Progress	Cumulative No. of Referrals Utilized
37	1,055	323	447

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Relaxation Techniques for Stress Relief

To effectively combat stress, you need to activate your body's natural relaxation response.



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Announcements

APRIL 2024 CBO CONVENING

We look forward to virtually hosting fellow community partners and LA County DHS care teams as we come together to learn more about the CBOs in our network and continue to build on ways to better serve the DHS patient community.

Be on the lookout for a Save the Date invite from our team.

Webinars

Returning February 2024

February's Lunch and Learn will be focused on Immigration resources. More information will be made available in the January CBO newsletter.

Facts and Figures

Current No. of CBOs in Network	Cumulative No. of Referrals to NoC CBOs	Current No. of Referrals In Progress	Cumulative No. of Referrals Utilized
37	1,089	312	479

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Benefits to Mindfulness

Mindfulness can help reduce stress, improve your mental and physical health, and even increase your overall happiness in life. These mindfulness techniques can help you start reaping the benefits.



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