

UCLA PTSD Research Studies

Referral Information

- Research Team will contact all referred patients within 48 hours of receiving referral to complete informed consent
- Suggested screening measures for patients include: PEARLS ACEs, UCLARI, PCL-5
- Patients do not have to meet criteria or cut off scores. Any patient that may benefit from this trauma focused treatment is eligible
- All referred patients will receive PTSD and symptom assessments upon enrolling

Research Study Information

- Free 3-session brief treatment for youth ages 6-22
- Randomized to treatment or waitlist (all patients offered treatment 6-months after enrollment)
- Patients and Caregivers compensated for each assessment
- Earn between \$15-\$25 per assessment
- Available in Spanish and English (ages 12-22)
- Patients can be referred at anytime
- Participation is not exclusive of other new or ongoing treatment

Treatment Information

- Primary Care Intervention for PTSD (PCIP) is a Three Session treatment that teaches youth and/or caregivers:
 - about the symptoms of PTSD,
 - use of breathing and relaxation skills to combat the bodily response to trauma
 - tailors the building of unique coping skills to address the symptoms most impacting the youth
- Treatment is Tele-health
- Delivered by UCLA Clinical Psychology PhD students supervised by Dr. Lauren Ng
- Discussing trauma in detail is not part of the treatment