

CATALOG OF SERVICES

Parent Cafes:

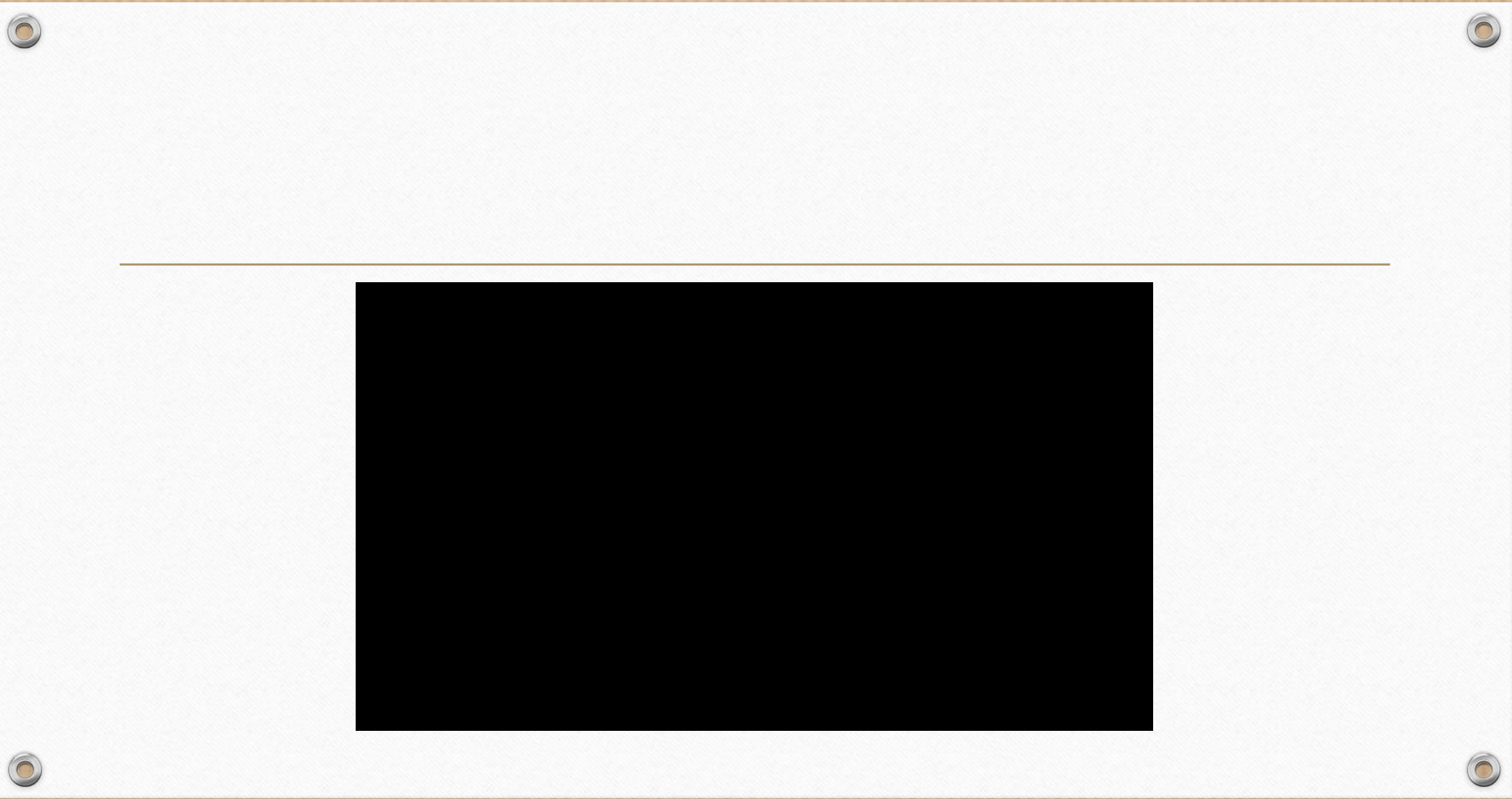
Child Development Trainings:

- Vitality
- Zero to Three: The Growing Brain
- ACT Raising Safe Kids
- Parents of Teen & Emerging Adults
- Strengthening Families
- Inclusion

- AP/OD: Abriendo Puertas/Opening Doors.
- Nurturing Fathers
- Strengthening Families: The Five Protective Factors
- STEAM Training: Science –Technology-Engineering-Arts and Math
- Touchpoints

Strengthening Families:

We Promote a shift on the way we approach our interactions with our families by looking at their strengths first.



Vitality Cafes Domains

Social Vitality → This is your support system and the joy that friends and family can add to your life

Environmental Vitality → This is about how your surroundings influence your well-being

Mental & Emotional Vitality → The health and well-being of your mind

Financial Vitality → Feeling secure in your capacity to meet your needs in the material world

Physical Vitality → The health and well-being of your body

Spiritual Vitality → Feeling completely alive and full of positive energy



Nurturing Fathers Program

- **Week 1:**
- Roots of Fathering
- **Week 2:**
- Self nurturing Skills Part 1
- **Weeks 3:**
- Self nurturing Skills Part 2
- **Week 4:**
- The World of feelings and Male Nurturance.
- **Week 5:**
- The Power of Nature
- **Week 6:**
- Overcoming Barriers to Nurturing Fathering
- **Week 7:**
- Discipline and Fun & Games
- **Week 8:**
- Playshop: Fun & Games for father and Their Children
- **Week 9:**
- Nurturing Relationships Part 1:
- **Week 10:**
- Nurturing Relationships Part 2:
- **Week 11:**
- A time and Place for Fathering
- **Week 12:**
- Healing the Father Wound
- **Week 13:**
- Graduation Ceremony



<https://youtu.be/t1o1Zk8uqqY>

Ways to Reach Us

David E Martinez

747-755-5721 dmartinez@ccrcca.org

To speak with an RR staff person:

818-717-1000 Ext: 9451

RREveryone@ccrcca.org