



Building Block Resolutions

Premier Autism Therapy & Behavior Analysis Services

What is ABA and is it right for my
Family?

Dr. Jennifer Charles, PhD

What is ABA?



A – APPLIED



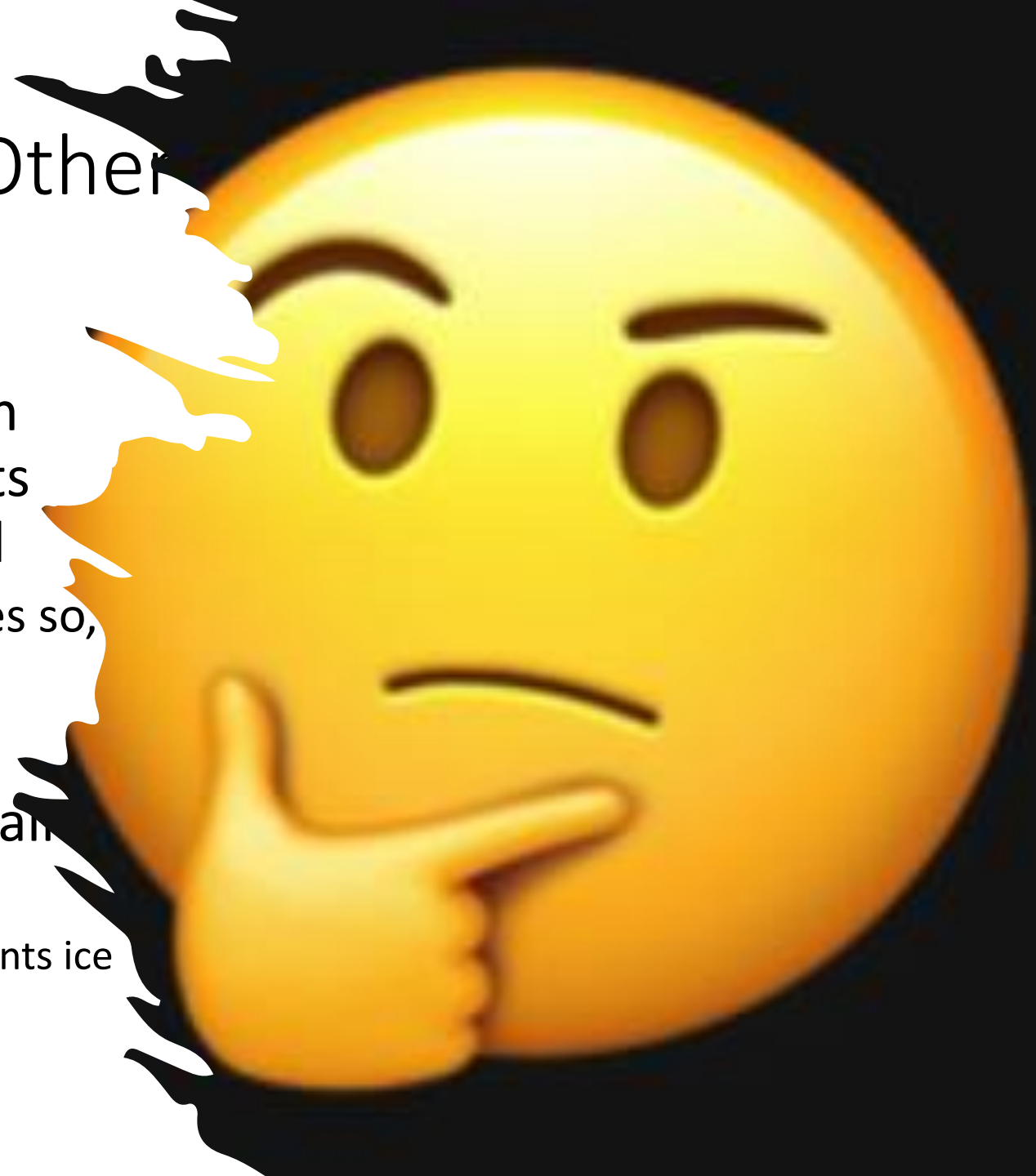
B – BEHAVIOR



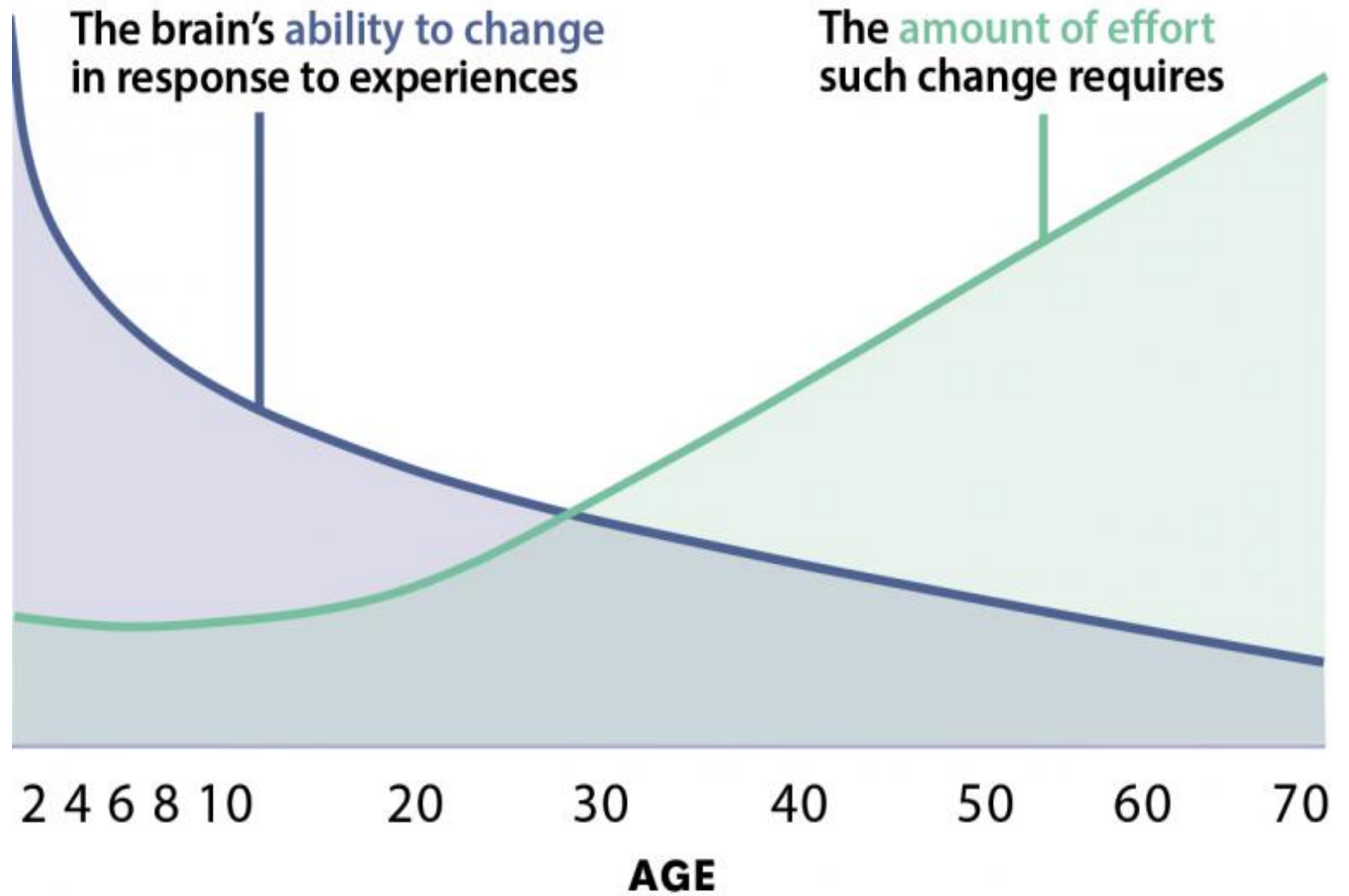
A – ANALYSIS

How ABA is Different Than Other Approaches

- **ABA** focused on explaining behaviors in terms of external/environmental events that can be **observed** and manipulated
 - Ex: Johnny is crying because when he does so, his grandma took away his ice cream.
- Other disciplines (**psychotherapy**) explain behavior via **MENTALISM**
 - Ex: Johnny is crying because he is sad and wants ice cream.



Earlier the
better



Source: Levitt (2009)

- Reggie
 - 11 years old
 - Limited vocabulary
 - Needed help with daily living (dressing, grooming)



Eligibility

Ages:

- 18 months to 18 years

Diagnosis:

- Autism, ADHD

Location:

- Southern and Central Los Angeles County and Orange County

Other:

- Easy to work with

What Can ABA Help With?

Cognitive Skills

Toileting Issues

Temper
tantrums

Communication

Repetitive
Behaviors

Social skills
issues

Difficulty
performing
routines

Communication
deficits

Self-injurious
behavior

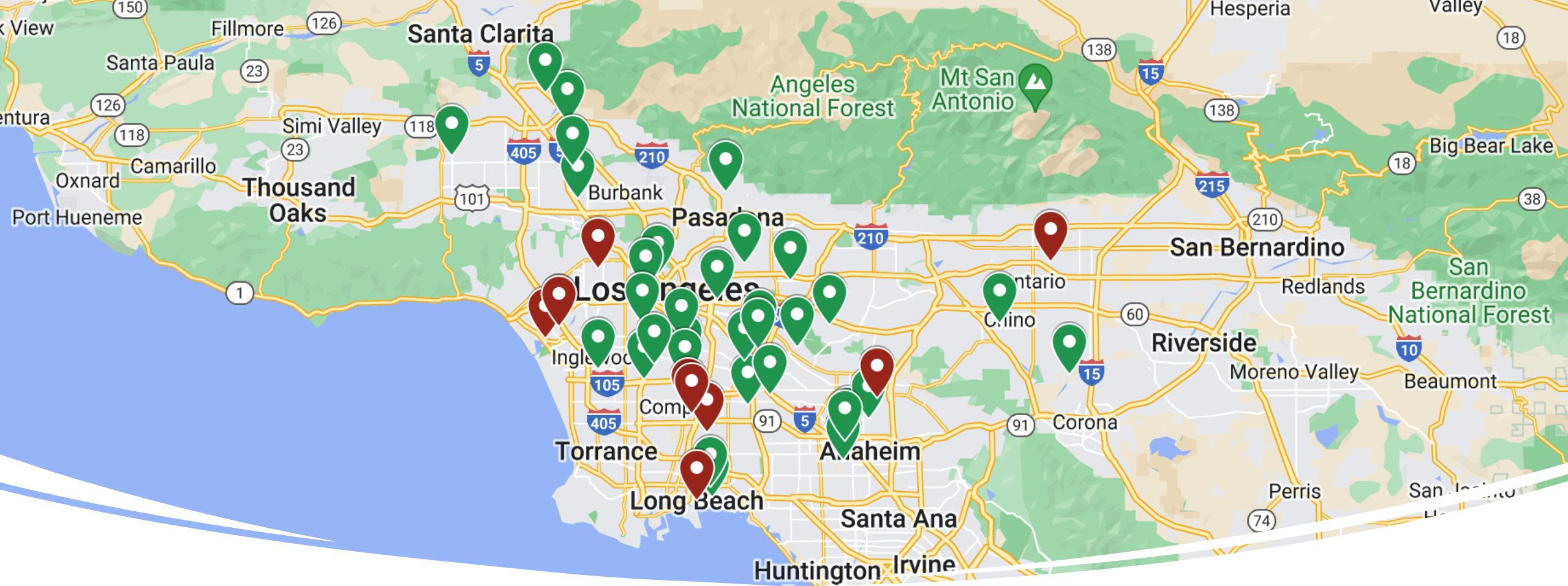
Eating
difficulties

Academic
challenges*

Self
Management

Organizational
Management

Crisis Plans and
Prevention



Locations we serve

- We serve central LA and Orange Counties

Team

- When we match a patient up with their team they get:
 - Therapist – works 1:1 with the child
 - Parent Coach – works 1:1 with the parent
 - Supervisor – oversees the team and helps team collaborate to reach their goals, revises plan as needed
 - Director – oversees the entire team



What's that like? (15 hours a week)



**Your Therapist comes over
daily**

Contact Us!



Call our Office: (424) 272-5238



Email us: Info@BuildingBlockResolutions.com



Website: www.BuildingBlockResolutions.com



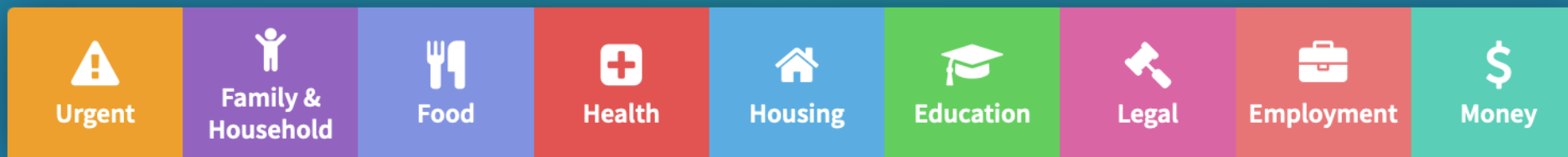
Social media:

Stay healthy with the [COVID vaccine and testing](#)

Find free, life-improving resources in:

Los Angeles County, CA ▾

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Want some help? Try our guided search

We'll ask you some questions, and then suggest some resources. It takes 5 minutes!



Parent



Youth



Immigrant



Veteran



Senior



Ask us | Preguntas

Health Insurances BBR accepts

- All Regional Centers
- Medi-Cal Insurances (must pick a plan)
- CalOptima
- MHN
- United Healthcare (Optum)
- Cigna
- Blue Shield (Magellan)
- Aetna
- Anthem Medi-Cal
- Anthem Blue Cross Commercial lines of business
- *L.A. Care** (pending)*

Documentation Needed To Begin Services



Insurance Card

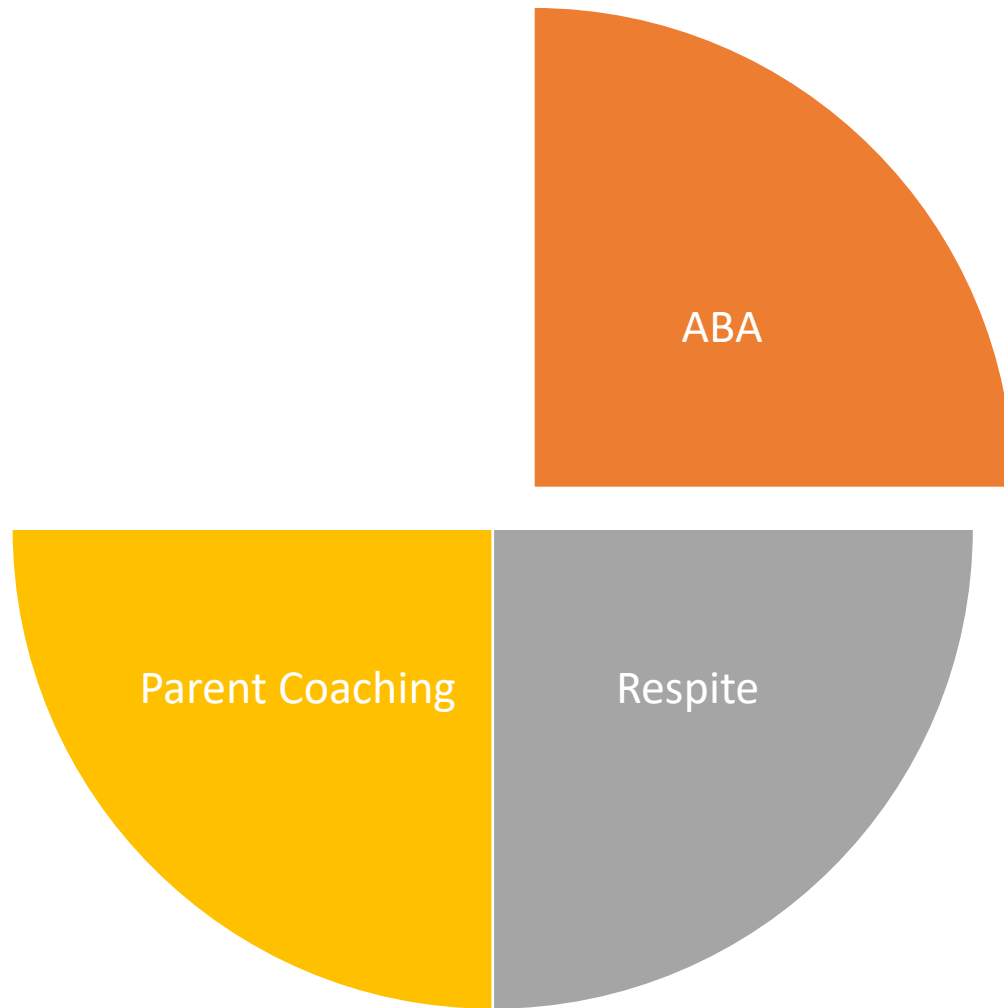


Diagnosis



ABA Prescription: Referral form, or ABA referral form, prescription or recommendation

Other Offerings at BBR





Questions
