



Exposition Park Office
3787 South Vermont Avenue
Los Angeles, CA 90007

323.766.2345

www.WellnestLA.org

Contact@WellnestLA.org

Operating Hours:

Monday-Friday

8 am – 5 pm



- 7 locations providing free emotional and behavioral counseling.
- Ages: Birth to 25 and their caregivers/families
- Accepting Medi-Cal and those who are uninsured

REFERAL PROCESS: Access Program

Our Access Center accepts referrals through phone, email, no-appointment walk-in, and One Degree.

We accept Medi-Cal, Private Insurance (possibly temporary), and those without insurance at no cost.

Applicants are Triage'd by Case Managers and referred for Initial Assessment by a Therapist

The Application Process requires

1. Medi-Cal Card
2. Social Security Card
3. Caregiver Picture ID
 1. (if not biological parent, they need something documenting their authorization to consent for services)

In-Person Hours

Monday and Friday: 9am-12pm

Tuesday, Wednesday, Thursday: 9am-5pm

We also provide Assessment and Services via

1. HIPAA Approved Telehealth
2. Telephone when necessary

LANDING PAGE

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Wellnest Emotional Health and Wellness
Los Angeles, CA Verified Information
ACES-LA Network

Wellnest Emotional Health and Wellness offers free mental health assessments to children and their families living in South and Central Los Angeles.

Opportunities + Add opportunity

- + Get free mental health screening for Children and Youth Refer
- + Enroll in a behavioral day treatment program for children ages 2-5 Refer
- + Get early intervention behavioral services for children ages 0 - 5 Refer
- + Get outpatient mental health services Refer

Reviews

Review this service

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Notes Add a note

CLICK ON EACH PROGRAM FOR DESCRIPTION

INDIVIDUAL OPPORTUNITIES PAGE

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Get free mental health screening for Children and Youth

Wellnest Emotional Health and Wellness Verified Information

Refer

Bookmark

Wellnest provides free outpatient services that include mental health screenings for children, adolescents and young adults. Clients can be screened in person the same day or screened via telephone within 2 business days. Once the client is screened they will be scheduled for an intake assessment appointment with expert clinical staff, each trained in trauma-informed best practices, after which each individual or family is linked to the most appropriate services.

Counseling & therapy

ADA ACCESSIBLE

Yes

CITIZENSHIP

No requirements

COMMUNITIES

Available to everyone

AGE

children (5-11 years old), infants & toddlers (0-4 years old), teens (12-18 years old), transitional age youth (16-24 years old)

FREE

ELIGIBILITY DESCRIPTION

AVAILABLE

Monday - Thursday 8 am - 7 pm

Friday 8 am - 5 pm

REFER FROM THIS PAGE ONLY AS
IT WILL INCLUDE AVAILABILITY

Can Refer Directly To:

1. Birth-5: Outpatient and Day Treatment
2. Outpatient: Individual, Family, Group Counseling

Cannot Refer Directly To:

1. Intensive Services: WRAP and FSP for birth-15
2. Life Learning Center: FSP, Counseling, Independent Living Skills, and Housing Services for 16-25
3. Medical Support Services
4. Psychological Testing