



USC University of
Southern California

REGIONAL CENTER NAVIGATION

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Regional Center Programs

- Early Start Services

Age
0-3



- Lanterman Act Services

Age
3+



- Early Intervention = Federal Term
- Mandated by Part C of the Individuals with Disabilities Education Act
- Services are designed to meet the developmental needs of an infant or toddler...in any one or more of the following areas, including
 - Physical development; Cognitive development;
 - Communication development; Social or emotional development; or Adaptive development
- **To the maximum extent appropriate, are provided in natural environments**

- Infants and toddlers (age 0 to 36 months) who are at risk of having developmental disabilities or who have a developmental delay
 - **25%** delay in one or more developmental areas (cognitive, physical, communication, social or emotional, or adaptive development)
 - Infants and toddlers with established risk conditions
 - Infants and toddlers who are at high risk for developmental delay due to a combination of biomedical risk factors
- **Eligibility and IFSP (Individual Family Service Plan) to be determined within 45 days of referral**

- High risk for a developmental disability exists when a multidisciplinary team determines that an infant or toddler has a **combination of two** or more of the following factors
 - Prematurity of less than 32 weeks gestation and/or low birth weight of less than 1500 grams.
 - Assisted ventilation for 48 hours or longer during the first 28 days of life.
 - Small for gestational age: below the third percentile on the National Center for Health Statistics growth charts.
 - Asphyxia neonatorum associated with a five minute Apgar score of 0 to 5.
 - Severe and persistent metabolic abnormality, including but not limited to hypoglycemia, acidemia, and hyperbilirubinemia in excess of the usual exchange transfusion level.
 - Neonatal seizures or nonfebrile seizures during the first three years of life.

- Central nervous system lesion or abnormality.
- Central nervous system infection.
- Biomedical insult including, but not limited to, injury, accident or illness which may seriously or permanently affect developmental outcome.
- Multiple congenital anomalies or genetic disorders which may affect developmental outcome.
- Prenatal exposure to known teratogens.
- Prenatal substance exposure, positive infant neonatal toxicology screen or symptomatic neonatal toxicity or withdrawal.
- Clinically significant failure to thrive
- Persistent hypotonia or hypertonia, beyond that otherwise associated with a known diagnostic condition.

- 52109. Basis for the Provision of and Payment for Services Through Regional Centers.
 - (a) Regional centers shall provide, arrange, or purchase early intervention services, as required by the infant's or toddler's IFSP, and be payor of last resort for infants and toddlers determined eligible for early intervention services as:
 - (b) Regional centers shall be the payor of last resort after all other public sources for payment have been reviewed to determine if a referral shall be made by the service coordinator and/or the parent. Referrals may include but not be limited to California Children Services, Medi-Cal, or other public agencies that may have responsibility for payment. **This review shall not delay the provision of early intervention services specified on the IFSP. Early Intervention services specified on the IFSP shall begin as soon as possible.**
 - (c) The use of the family's private insurance to pay for evaluation, assessment, and required early intervention services specified on the infant or toddler's IFSP, shall be voluntary.

California Lanterman Act, 1969

- Persons with developmental disabilities have the same legal rights and responsibilities guaranteed all other individuals by the United States Constitution and laws and the Constitution and laws of the State of California. An otherwise qualified person by reason of having a developmental disability shall not be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity that receives public funds.

Regional Center Services: “Lanterman Services”

- Ages 3 years and above
- Disability must have occurred before 18th birthday, be likely to continue indefinitely, and cause substantial disability to the individual
- Eligible diagnoses:
 - Autism
 - Cerebral Palsy
 - Epilepsy
 - Intellectual Disability
 - Other condition closely related to intellectual disability or requires similar treatment
- **Regional center has 120 days after initial intake to determine eligibility**

Eligible diagnosis = does not necessarily qualify

- When determining Regional Center eligibility, consider the following guidelines when formulating an opinion as to whether or not an individual has a “substantial disability” across multiple settings in at least 3 or more areas of major life activities.
- **SELF-CARE**
- **RECEPTIVE AND EXPRESSIVE LANGUAGE**
- **LEARNING**
- **MOBILITY**
- **SELF-DIRECTION**
- **CAPACITY FOR INDEPENDENT LIVING**
- **ECONOMIC SELF-SUFFICIENCY**

Lanterman Act Services

- Regional Center may provide more services at *adult age* than *school age* because services needed should be provide under the IEP at school.
- Regional Center is a lifelong program, not just for children, for adults as well.
- Services should allow individuals to live and work in their community
 - Community Integration
 - Social Skills Training
 - Adaptive Skills Training



REGIONAL CENTER CONNECTION: MYTHS AND REALITIES

- **Myth:** determination of regional center is based on zip code
- **Reality:** determination of regional center is based on health district which does not always correlate with zip code

The screenshot shows the DDS (Department of Developmental Services) website interface. At the top, there are navigation links for 'About', 'Calendar', 'Careers', 'News Room', 'Contact Us', 'Translate', and 'Display Settings'. Below the navigation is a search bar and a list of services: 'Coronavirus', 'Consumers', 'Services', 'Regional Centers', 'Vendors', 'Initiatives', 'Transparency', and 'Search'. A yellow banner reads 'In LA County, Regional Centers (RC) are Based on Local health districts'. Below this is a search box labeled 'Enter Your ZIP Code to Find Your RC:'. Underneath, it says 'Zip code XXXXX is served by:' followed by a list of regional centers: Eastern Los Angeles Regional Center, Frank D. Lanterman Regional Center, Harbor Regional Center, North Los Angeles County Regional Center, San Gabriel/Pomona Regional Center, South Central Los Angeles Regional Center, and Westside Regional Center. On the left side of the page, there is a map titled 'Center Locations Within Los Angeles County' showing various health districts: NORTH LOS ANGELES COUNTY, SAN GABRIEL/POMONA, WESTSIDE, LANTERMAN, EASTERN LOS ANGELES, SOUTH CENTRAL LOS ANGELES, and HARBOR.

- If the zip code link in 2 or 3 Regional Center locations, need to look up appropriate Regional Center by health district
- An individual's health district can be looked up using the following link:
<https://appcenter.gis.lacounty.gov/districtlocator/>
- Each Regional Center serves a group of health districts, as listed below:

South Central Los Angeles Regional Center

- Compton
- San Antonio
- South
- Southeast
- Southwest

Westside Regional Center

- Inglewood
- Santa Monica-West

Harbor Regional Center

- Bellflower
- Harbor
- Long Beach
- Torrance

San Gabriel/Pomona Regional Center

- El Monte
- Foothill
- Pomona

Frank D. Lanterman Regional Center

- Central
- Glendale
- Hollywood-Wilshire
- Pasadena

Eastern Los Angeles Regional Center

- Alhambra
- East Los Angeles
- Northeast
- Whittier

North Los Angeles County Regional Center

- West Valley
- East Valley
- San Fernando
- Antelope Valley

- **Myth:** a phone call should be enough
- **Reality:** phone calls not as successful as emails, and most Regional Centers now have electronic applications on their website
 - Any documentation from provider and/or school can help

- www.sclarc.org



Home About Us Our Services Your Rights SCLARC's Community Service Providers McClanley Family Resource Center

Apply for Under 3 Years of Age

[Apply Here \(English\)](#)

[Apply Here \(Spanish\)](#)



Apply for 3 Years of Age & Older

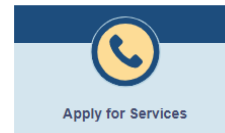
[Apply Here \(English\)](#)

[Apply Here \(Spanish\)](#)



The screenshot shows the website's navigation menu with options like 'About', 'Info & Resources', 'News & Events', 'Training', 'Service Providers', and 'Transparency & Accountability'. The main content area is titled 'Applying for Regional Center Services' and includes a 'Quick Links' section with a link to '2021 Disparity Data on Purchased Services Report'.

<https://lanterman.org/>



Applying for Services Over the Age of 3

In order to be eligible for regional center services a person over the age of 3 years must have a developmental disability.

What is a developmental Disability? A developmental disability includes any of the following:

- 🔊 Intellectual Disability (ID)
- 🔊 Autism Spectrum Disorder (ASD)
- 🔊 Cerebral Palsy
- 🔊 Epilepsy
- 🔊 Other conditions that are found to be closely related to Intellectual Disability or require services similar to those required by an individual with Intellectual Disability
- 🔊 The condition must have started before the age of 18, must be likely to continue indefinitely and must constitute a substantial handicap for the individual.
- 🔊 A developmental disability does not include conditions that are only physical, learning or psychiatric conditions.

To apply for regional center services for a person who is over the age of 3 years, please e-mail referrals@lanterman.org or contact the **Intake referral line at 213.252.8610** and provide the following info:

- 🔊 your name,
- 🔊 your telephone number,
- 🔊 your address,



NORTH LOS ANGELES COUNTY
regional center

Search... **GO**

SELECT LANGUAGE ▾

text size (+) (-)

<https://www.nlacrc.org>

- about us
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ELIGIBILITY

Font Size: **A** **A** Share & Bookmark Feedback Print

APPLY FOR NLACRC SERVICES

Find out if you are eligible to receive NLACRC

If your child is within 45 days of their 3rd birthday, please choose the "Age 3 or older" application when prompted.

Si su niño está dentro de los 45 días de su tercer cumpleaños, favor de seleccionar "Edad 3 o más" cuando se le solicite.

[APPLY IN ENGLISH - CLICK HERE](#)

[APLICAR EN ESPAÑOL - HAGA CLIC AQUÍ](#)

**APPLY
for
NLACRC
Services**

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to Public Info

Purchase of Service (POS) Data

Purchase of Service (POS) Guidelines

Electronic Visit Verification (EVV)

Possible Data Security Breach

NEED TO KNOW

APPLY FOR SERVICES

Early start

<https://www.elarc.org/>

Age 3 and above

they may not have had available, or may not have included at the time of the assessment clinic interview.

HOW DO I APPLY FOR REGISTRATION AND ASSESSMENT AT THE EASTERN LOS ANGELES REGIONAL CENTER?

Applicants/Families are asked to contact the Assessment & Special Services Division, Intake & Assessment Unit at (626) 299-4770 or (626) 299-4759, for information regarding the application and assessment process.



To refer your child, please contact any of the following Early Start Intake Coordinators

- Amy Lerma (909) 710-8557 or ALerma@sgprc.org
- Leidi Juarez (909) 710-8554 or ljuarez@sgprc.org
- Helga Rodriguez (909) 710-8556 or hrodriguez@sgprc.org

<https://www.sgprc.org/>

Apply for Services

To refer an individual over the age of 3, please contact the Admissions & Assessment Unit via email or by calling our main number.

- Email: LantermanIntakeReferrals@sgprc.org - Please include the following information in your email:
 - Individual's Name
 - Contact Telephone Number
 - Individual's Date of Birth
 - Individual's Home Address
- Main Number: (909) 620-7722 - Please ask the operator to connect you to the Admissions & Assessments Unit for Lanterman Intake.

<https://www.harborrc.org/>

We serve individuals who have intellectual and developmental disabilities and their families. Select your age group below or see if you are eligible for our services

AM I ELIGIBLE? →

How do I apply?

You may be eligible for one of three categories of services.

Harbor Regional Center provides services for infants and toddlers with developmental delays or at risk of developmental disability, children and adults with a diagnosed developmental disability, and pregnant women who are in need of prenatal diagnosis and counseling.

During our intake process, we provide assessment and diagnosis to help determine whether you or your family member may have one of these eligible conditions.

Services for Infants And Toddlers

If you or your doctor believe that your baby's development is delayed, help is available at Harbor Regional Center in our Early Start Program. The Early Start Program, provides services and supports for infants and toddlers, birth to 36 months, and their families. The Early Start Program is coordinated in California by regional centers and public school districts.



For Applicants Under 3 Years Old

Start here to request an assessment for eligibility

What is the zip code where you live?:

NEXT PAGE >

For Applicants Ages 3 and Up

Start here to request an assessment for eligibility

What is the zip code where you live?:

NEXT PAGE >

<https://westsiderc.org/>



WESTSIDE
REGIONAL CENTER

[Home](#)

[Who We Are](#) ▾

[Intake & Eligibility](#) ▾

SUBMITTING AN APPLICATION

An application must be completed in order to assist WRC to determine eligibility for the California Early Start Program. Below you can find all the necessary forms required for WRC to initiate the evaluation process. The collection of the information on this application is required by the State of California, Department of Developmental Services. To begin the process:

STEP 1

Complete the application as accurately as possible.

- [English Application](#)
- [Spanish Application](#)

STEP 2

Sign the consent forms for evaluation and services. The evaluation process cannot begin prior to receipt of your written consent.

SUBMITTING AN APPLICATION

An application must be completed in order to assist Westside Regional Center in determining eligibility for the Lanterman Developmental Disabilities Services Act. Below you can find all the necessary forms required for Westside Regional Center to initiate the evaluation process. To begin the process:

STEP 1

Download and complete the application as accurately as possible.

- [English Application](#)
- [Spanish Application](#)

STEP 2

The following consent forms will need to be completed and submitted along with the application. Sign the consent forms for evaluation and services. The evaluation process cannot begin prior to receipt of your written consent. Please contact Noemi Iribe at Noemii@westsiderc.org or (310) 258-4121 with questions regarding these forms.

Regional Center Referral Guide: LA County DPH Help Me Grow Website

- <https://admin.publichealth.lacounty.gov/mch/helpmehow/index.html>
- Under Providers

A guide to help Health Care, Early Care and Education and Service providers understand the Regional Center system, including contact information and how to make referrals.

**Regional Center Referral Guide for
Providers**



QUESTIONS